Four Patterns. Panelled Umbrella **SKIRT,** Pleated Pinafore **BLOUSE,** Peplum Bolero **COAT,** Girl's Embroidered **SMOCK.**

MYRA'S Journal

3D.

The Leader of Fashion

Vol. XXXV.
No. 4.

APRIL, 1908.

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Myra's Journal.

APRIL, 1908.

Profusely Illustrated.

Special Spring Fashion Number.

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"Send me by return one dozen Glycorax. I find it wonderful for preserving the teeth." Mrs. ——.

NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

NO one can complain of the New Season's fashions. Millinery, perhaps, is still a trifle wild and amazing, but our gowns are models of grace. Tailor coats are cut with great perfection. Never before have skirts hung so well, and last, but not least, colours are beautiful, and fabrics most attractive.

A feature of the spring and summer materials is the prevalence of stripes and floral designs—these last generally of that shadowy "semi-effaced" effect which the French call *chiné*. Some of the most beautiful fabrics are striped, and have the chiné flowers in various shades scattered across the stripes. For instance, a beautiful louisine silk in white, with ¼-inch black stripes shows across this scattered groups of rosebuds in shaded pinks and greens—truly beautiful. This idea runs through all fabrics. We see it in silks, in crêpes de chine, in muslins, in *mousselines de laine*, in printed cottons.

When this new idea is carried out in silk a most beautiful type of trimming has been evolved. Very rich lace is used—either the new filet lace or else a rich Renaissance guipure. Along the lace is embroidered (raised work) a wreath of flowers recalling the floral design on the silk. Sometimes the embroidery is done with ribbon; sometimes with velvet petals and frilled silk leaves. Sometimes the flounces are carried out in crochet, worked in coloured silks of correct colouring.

The chiné flowers are also much seen on all fabrics with plain (not striped) ground. Here again this embroidered lace is employed, which adds to the cost and trouble of dressmaking, because the dressmaker has to embroider the lace according to the design on the fabric chosen by her customers. In Paris this embroidered lace on chinés fabrics is all the rage. It looks lovely for smart afternoon blouses, and for the new empire frocks (of the type shown on page 21).

Chiné muslins are lovely. They can be had with deep border running up one selvedge, when the muslin is wide enough for the length of any average skirt. Sometimes the skirt is made up in deep pleats, the extra fabric cut away at the top; but more often the border is stripped off, the gores are cut in the usual way, and the border is resewn on the edge. It is, perhaps, not so pretty to have the border stitched on, but it is barely noticeable, and it enables one to have better cut and more varied skirts.

Linens will be very much worn. Here again we see the striped effects. Striped linens are rather too reminiscent of bed tickings and outdoor blinds, but they are much used in Paris, and an immense future is predicted for them. A capital example for these "tickings" will be found at No. 7498.

Colours are as attractive as the fabrics. There is a new silvery grey, very beautiful, called "aluminium"; there is that pale green, known as "lily-leaf"; there is the soft new blue, the "lotus," which is sometimes confused with the well-known nattier blue, but is much more delicate. Another new shade is the "suède" brown. I do not agree with this name, which has emanated, I imagine, from English eyes and brains. A French eye recognises that touch of pink in the real suède tint, which a pale suède glove always possesses. Last year's putty shade was without this pink tinge, but it was nearer the real thing than this new colour, which is more the shade of tussore—a distinctly yellow touch is noticeable. It looks its very best trimmed with brown, though mauve or green, if well chosen, go very well with it.

The favourite new red is called by some "Malmaison Carnation." It is a bright red, a darkened, subdued tint of cerise, perhaps, It looks lovely in the new *drap souple*—that glossy, soft, thin cloth which drapes to perfection. All the new colours enumerated look to advantage in this exquisite material.

"Resilda" silks are new, and will be much worn. They are a sort of crêpe de chine in good qualities, very glossy, but in grain not unlike a Shantung or China silk. Shantungs are still much to the fore, in natural or dyed black or lovely colours. Some of the prettiest dresses of the season are of dyed Shantung; the dimness of the surface is relieved by the dainty shades, and by touches of lace, of mirror velvet, or of glossy satin. Resildas are to be had in very many colours.

The borders of the printed fabrics are remarkable for the beauty of the design. The colour of the fabric and its chiné flowers are, of course, recalled; but the design and colour combination of the border are of enhanced beauty. Trails of roses and twists of ribbon mingle in attractive profusion.

Striped materials are of all kinds. The striped mousselines de laine are very pretty for blouses and summer dresses. Striped taffetas are immensely used for afternoon gowns, the stripes so skilfully "built" that little trimming is required.

Chequered tweeds are to the fore. Some of the handsomest "tailor-mades" have a chequered skirt and a smart little coat of plain cloth matching the chief shade of the chequered fabric.

Instead of going out, the kimona blouses coats, and braces are more in vogue than ever. There is a tendency to make the underpart of the sleeve very large.

The great drawbaek of the new millinery, except where carefully chosen, is the enormous height of the crown and the wildness of the plumes. Osprey and ostrich plumes are mounted upright, like the plumes old pictures show us on the heads of "early Victorian" ladies sixty or seventy years ago. One very curious hat has been called the "Botticelli." It has a very narrow brim and a tall "stove-pipe" crown, softened, let us add, by being draped with silk. This has a made-up feather of ostrich, which has not inaptly been termed the "note of interrogation." Side by side with this lofty "pot" hat is to be seen a sort of gathered cap, made of silk at present, possibly of linen or muslin later on, which is perilously like a bathing cap, a cross between the bathing and the "Charlotte Corday" cap. It has a tendency to hang off at back in a distinctly untidy fashion, but it will be smartened up, and as it has a sort of brim of pleated frills, will no doubt be eagerly seized on by the "river girl" in the Dog Days.

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FANCY VERSUS REMUNERATIVE WORK.

By WINIFRED JONES.

AT the beginning of a new year—a new year of hopes, ambitions, aims, and energies—even the most careless and indifferent of us review our errors in the past, errors of commission and ommission, errors of judgment, errors of speech—there they lie, in a heap behind us, although inevitably each mistake must affect our future life in a greater or lesser degree. Mistakes may be very useful things if they act as index figures to warn us not to fall in the same errors again. If they have not that effect I fear they can only have helped to deteriorate our characters.

With this little homily by way of prefix, I proceed to the gist of my narrative. Not once, nor twice, but dozens of times do I receive letters from correspondents asking me to get them orders for fancy work. I can, in reply, but refer them to charitable societies, already overburdened with such things, or to shops in a like case, unless their work chances to be of superlative quality or to possess the merit of distinct novelty. Those letters depress me! Gladly, oh, how gladly, would I help those poor, patient workers, to many of whom I know the money thus earned represents the difference between bare subsistence or comparative comfort.

But it is a cruel kindness to raise false hopes! All I can say is that those who want to earn money thus must catch fashion—like folly—as it flies. Any novelty in trimming of the moment they must seize, and endeavour to produce something really uncommon—something not to be bought in the shops. Filet net embroideries are at the moment the vogue; so, too, are embroideries on blouses; but a few months may see all that changed. Still, both fashions represent opportunities to makers, who should study fashion in periodicals and on people whenever chance offers itself. The successful fancy worker should be ahead of fashion—as she will be if she studies Myra's regularly—and when a fashion is once fully launched—always a matter of time in conservative England—she should have her designs and her work ready. Everything nowadays is being on the spot, as the Americans term it. Don't wait till people are beginning to tire of a style before offering your suggestions.

There is always a market for original and fine work in every department of life, but it means thought and trouble and brains, and many people are unwilling to exert themselves however badly they may need money. Remember, work that is pleasant, that is easy, is never the work that pays. If it is remunerated at all, it is most inadequately, for why should people pay others to do what they would preter to do themselves. Quite recently a lady showed me some lovely little bags and "pockets" she was making. They were of satin, exquisitely embroidered with ribbons, in Empire designs—quite lovely and quite unusual. "A friend taught me," she said, "and these are orders. Oh, yes. It is quite easy to do, and pleasant work, though the making up is rather tiresome."

This lady also did fronts, and it was work that would have looked beautiful on evening gowns, Court trains, hangings, etc. That, perhaps, will be a hint to some worker, I hope so, because it is my most earnest wish to be of practical use to you. Then, again, those who can embroider, why not do stock collars and the cuffs, which are going to be a fashion, or apply their daintiest stitchery to fine underwear? Beautiful work can always be used. The great fashion ateliers are always ready and glad to have it.

Only it must be of the best. If yours is not strive to make it so, and if you find that impossible turn your attention to something else!

No. 7492.—The New "Cut-away" Coat.
For Description see Pages 33 to 36.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

THE NEED FOR SPECIALIZATION.

Nowadays the trend is undeniably towards specialisation, and if in some ways it makes life duller, it also tends to give perfection as nearly as possible.

That one worker devotes her time to skirts, another to sleeves, and another to bodices is an indisputable fact in all big shops and smart dressmakers' establishments, why then is it that when a girl has been two or three years learning this trade, directly she leaves—whatever her branch may have been—she thinks herself competent to undertake any kind of dressmaking? Co-operation, if she would only believe it, would be her salvation.

If a clever coat-hand, a bodice-hand, and a skirt-hand were to share workrooms, hands, customers, and expenses, they would find their profits go up enormously. Three sisters I knew who did this established a splendid business. But they never trenched on each other's province in the slightest degree. And why not three friends? They would have everything to gain and nothing to lose by the transaction. Expenses would be lessened, and they could have a better address and better workrooms where three divided the rent; they could do more and better-class work, and attract more profitable of customers.

Many letters do I receive asking for a dressmaker who "cuts skirts well," "is especially clever at bodices," etc. It is highly improbable that they will find both talents combined in one person; it is difficult for me to discover anyone so gifted.

Therefore do I put this suggestion before you, and urge you with all my power to give it your best consideration.

One more point I should like to emphasise, and that is, the desirability of learning—as far as possible—the cutting and making of coats.

The coat and skirt, in some shape or another, is certain to remain with us. It is a far more indispensable garment than a dress, and the woman who can turn out a smart workmanlike garment will never fail for orders. But it must be a reasonable price. It is far wiser to cater for the thousands who have to manage on a limited allowance than to seek to attract the tens who have much to spend, and that as a rule disbursed where they get an ample return for their money in the shape of palatial surroundings. I know a dressmaker to-day whose time is always more than occupied because she turns out smart work at a moderate fee. For 21s. she will make a really beautiful gown, and she is repaid by the abundance of her orders.

Therefore, again I say, give good work and charge reasonably for it. But it must be good. It should be a very rare thing that a gown is returned for alteration—all of which must entail loss of time and money, to say nothing of the loss of a customer's good opinion.

"Your patterns are all so well cut, it is always a pleasure to use them."—C. L. G.

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No. 7493 No. 7494 No. 7495

No. 7496

SMART BLOUSES FOR THE SPRING.

For Descriptions see Pages 33 *to* 36.

Price of Paper Patterns, each 6½*d., post free, of* MADAME MYRA, 10 *and* 11 *Fetter Lane, E.C.*

NURSE DENNINGTON'S ORDEAL.

By A. ST. JOHN ADCOCK

(Author of "East End Idylls," &c.)

I.

NURSE DENNINGTON was engaged to be married.

More than that, the date of her wedding had been fixed, and in some three months' time, at the end of the year, she was to resign her position at St. Simeon's Hospital at Blackwall as the last step but one towards the fulfilment of that happy event.

An event in which the entire staff of the hospital, from the house-surgeon to the hall-porter, to say nothing of the patients, took an intimate and more or less sentimental interest.

Their interest in Nurse Dennington and her destiny was more or less sentimental for many reasons.

For one thing she was pretty, with that quiet, half-shy, wholly unaffected prettiness that is attractive to other women, as well as to men. It was impossible to look into the honest, clear depths of her large dark eyes, and not trust her; no sound could be more pleasant or more subduing than the sympathetic, sweet tones of her voice; her charity and good nature were inexhaustible, and she could be unfailingly gentle and patient with even the most querelously unreasonable of the broken, suffering creatures who came under her care. She had a winsome, womanly charm of look and act and manner to which none who dwelt within its influence could long remain insensible.

For another thing, though she was still under thirty she had been a widow these eight or nine years past, and such as were acquainted with her history, were the more tenderly affected towards her, because in that early married life she had been very unhappy.

Not that she, herself, had said as much to anyone; but her mother called occasionally at the hospital to see her, and occasionally she went to have tea at her mother's on an afternoon holiday, and took one of the other nurses with her; and her mother was not so reticent.

So it came to be generally understood, one way and another, that her marriage when she was only a girl of eighteen to a man who was much her senior had been a terrible mistake. A handsome, dashing, masterful man, he had taken her heart by storm. His gallant, irresistible attentions had greatly flattered her, perhaps; he had travelled extensively, boasted of his riches, and was affluent in stories of his adventures and perilous escapes, and so surrounded himself with a glamour of romance that blinded her to certain flaws in his character that were obvious enough to the unprejudiced observer.

He breezily talked down whatever objections were suggested by her family and friends, passionately insisted that if she loved him as she said she did, she would be as impatient of unnecessary delay as he was, and so, her girlish heart and imagination dazzled and fascinated by his subtle wiles, led her into a hasty marriage within six months of their acquaintance.

Her disillusionment began almost immediately. He had no money, and the trifle she inherited under the will of her dead father was soon exhausted. He made no effort to maintain the disguise he had so sedulously worn while he was winning her, and in a few weeks she knew the worst of him; he was unscrupulous, and a drunkard; he was fickle and unfaithful, and tired of her even before he had dissipated the last of her money.

She fretted at his neglect and indifference, and felt that it must break her heart; the piteous appeal of her wan face, the mute reproach of her sad eyes merely moved him to cynical sneers or mockery, or exasperated him till, once or twice, he had lifted his fist to her, and had not stopped short at blackguard cursings and abuse.

Already she was awakened from her girlish infatuation, and saw with a dreadful clearness that she had simply cheated herself or allowed him to cheat her into an easy fancy that she loved him; she could find no one quality in him now that was lovable, nothing that she could admire or respect, or regard with other than contempt and abhorrence.

It was a cruel desolation she had made of her young life, and she shrank painfully from looking forward, seeing no glimmering hope that he would ever change for the better.

Then, when the present and the future were at their blackest with her, he suddenly put an end to the grim nightmare of her married life by running away and deserting her.

Even his absence could not rekindle the extinct fires of her love. Once she was sure that his disappearance was voluntary, and not the result of any evil that had befallen him, she was conscious of nothing but a sense of relief; she broke up her small household, and returned to live for awhile with her mother; then, shaking off her apathy, and regaining something of her former quiet cheerfulness and energy, she set about earning her own living.

A few months later, less than two years after their marriage, news came to her that her husband was dead.

He had spent much of his life at sea, and been a master mariner, and after his desertion of her he had returned to that calling, and as captain of a passenger boat had gone a voyage to Australia and, by some error of navigation, travelled out of his course, and wrecked his vessel; there were those among the survivors who spoke of his drunkenness and imputed his error to that; but he was numbered with the drowned, and could not be called to account.

It was this atmosphere of sadness and tragic gloom, which environed Nurse Dennington, and seemed vaguely to explain the little droop at the corners of her mouth, and the sweet seriousness of her sympathetic dark eyes, that made everybody in St. Simeon's who knew of it, look upon her and this new love that had dawned upon her later life, with an interest that was nearly as sentimental as it was profound.

He was a pleasant-featured, clever young fellow of her own age; a civil engineer, doing very well for himself, and ambitious to do very much better.

The rumour that found favour among the most sentimental was that it had been a case of love at first sight between them; but as to this nobody knew anything for certain, of course. All that was known beyond dispute was that after Vincent Rayner was cured, and had been discharged, he was continually hovering round St. Simeon's, as if he wanted to come in again, and frequently when Nurse Dennington was off duty, and free to go out for an evening, he had been seen from the windows waiting at the gate.

So that everybody was more delighted than surprised when, on handing in a three months' notice of her wish to resign, she mentioned her engagement, and that early in the new year she was to be married.

Everybody was glad, feeling that the remembrance of her old sorrow would now be utterly lifted from her, and she would find happiness at last.

But none of them was half so glad as she was herself. Every wistful longing of her heart was satisfied; she knew that she was loved, now, when she had come to think she could never love or be loved again, she knew she was loved in very truth, and by a man she could honour and love with all the strength and intensity of her being.

And there, when she was on the verge of that new life, an almost forgotten grave of the past opened, and the misery she had thought was dead for ever rose from it, and its shadow fell upon her with a great blackness, blotting out the days that had been shining before her and folding all her world in hopeless darkness.

II.

That week, it happened, Nurse Dennington was on night duty, and when she went on after tea one evening she found that a new patient had been brought in during the day.

A bronzed, bearded, middle-aged man, this patient was, and he lay bandaged on his bed, in a state of semi-unconsciousness.

He was a seafaring man, and had met with an ugly accident in unloading a ship at the docks near by. All that could be

"'Myra's Journal' is a great boon to us out here in South Africa."

No. 7497 No. 7498

SMART SPRING TAILOR GOWNS.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Pleated Umbrella Skirt, 1s. 0½d.; *Skirt, Foundation Skirts, or Coats, each* 6½d., *post free, of* Madame Myra, *10 and* 11, *Fetter Lane, E.C.*

done for him had been done, for the moment, but the doctors feared he had sustained internal injuries which nothing but a difficult and somewhat dangerous operation could remedy, and they had postponed deciding whether they would venture upon this, until the morning.

Nurse Dennington glanced at the man as he lay there in the dim light of the shaded gas-jet, and then looked casually round to see whether she was observed. The other patients were settling to sleep; some were sleeping already: and two nurses were conversing in undertones at the far end of the quiet ward.

She turned a searching gaze on the injured man again; then moved nearer and read his name on the card hanging above the bed.

"Samuel Jackson."

It was unknown to her; but the man's features were strangely, terribly, incredibly familiar, and grew more and more familiar the longer she regarded them.

A suffocating sensation rose in her throat, a chill numbness crept through all her limbs as she stood motionless, watching the harsh, blotchy, dissipated face to which the placid heaviness of half-insensibility seemed only to lend an additional and ghastly horror.

As she watched him, her first forlorn hopes and doubts slipped from her, and the incredible degenerated to a mere, dreadful, matter-of-fact; this was indubitably the husband she had believed was dead re-emerged here in the world of the living.

She saw instantly what it meant to her, but perhaps the very suddenness and force of the shock mercifully stunned her faculties so that she could not yet realise its full significance.

A dumb, blind ache stirred in her heart, but by a supreme effort she thrust the thought of self aside; she would not allow herself to reflect on this as it affected herself, but presently moved away along the ward sternly concentrating her mind upon her accustomed duties.

When she came back a few minutes later, the man had roused somewhat; his eyes were open, and she shuddered at the gleam of recognition that flickered in them as they met hers.

He murmured faintly that he was thirsty, and, with an habitual, automatic gentleness, she gave him drink from a cup and then, bending over him, said hesitantly,

"You remember me?"

He nodded.

She deftly, carefully attended to his bandages, and left him, so that he might not be tempted to talk; his very life might largely depend on his being kept silent and unexcited.

There was nothing, indeed, that she wanted to know of him; it was obvious that he had managed to escape from the wreck, but fearing to face the consequences of his drunken carelessness he had lain low, and found safety in allowing the report of his death to go uncontradicted. When he ventured to return to England was of no moment; it was enough

No. 7499.—A Seven-gore Skirt and Smart Kimona Coat.

For Description see Pages 33 to 36.

Price of Paper Patterns, Skirt, Coat, or Foundation Skirt, each 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

that he had returned, and accident had brought him here to desolate her life again as he had desolated it before.

She tended him closely and anxiously throughout the night, the more closely and anxiously because of a sinister, hideous thought that lurked at the back of her mind and wrung her with shame and self-loathing, and yet would not be suppressed; a thought of what might happen if she were clumsy in readjusting his bandages, of how this cloud would pass from her if to-morrow's operations were unsuccessful.

It was terrible to think such things, but she could not avoid them: as often as she thrust them away, they returned; but they obtained no smallest sway over her actions. If he lived, there was nothing in the future for her but unspeakable misery, alone or with him; this was borne in upon her more and more oppressively in the silent watches of the night. But she struggled against her weakness, she would not allow the cruel-seeming wish of her heart to shape itself even in secret, and so far conquered herself that she was able to stand beside him in the grey light of dawn, and pray God to be merciful to him, and let him live, and to give her strength and resignation to bear the burden that awaited her.

The day-nurses coming on duty, she transgressed the rules by still lingering in the ward, but a prevailing consciousness of what was due to him from her as his wife would not let her leave him till the best or the worst was assured, and as she frequently showed some sympathetic solicitude for a new patient in similar dangerous crisis, her lingering now excited little or no remark.

When the doctors had examined him again, and decided that an operation was unavoidable and must be performed without further delay, her first impulse was to volunteer to assist in the operating room in place of one of the two nurses detailed to that task, but she felt that agitated and nervous as she was, and striving, in spite of herself, to hope for what she dreaded, she would be less servicable to him than a stranger.

The hour before they came out and let her know that the operation had been successful, seemed an eternity in passing. He had not yet revived from the chloroform, but the doctor's anticipated no further danger.

She went dully up to her room, and lay on her bed dressed and sleepless. She was thinking, incoherently, rapidly; but her mind was in such a whirl of confusion that she was aware of nothing but a fierce devouring anguish, a fiery torment of despair that burnt all her thoughts to ashes before they could gather definite form.

It was impossible for her to rest.

She went down to the door of the ward, and learned that the patient had recovered from the effects of the chloroform and was in a sound sleep.

Then for the first time seeing that he was out of danger, her grasp on herself relaxed, and she allowed herself to feel that she hated the man, that he had wronged her past forgiveness, that God had laid too bitter a load upon her, and her heart was broken. All the wild inward ravings of the tormented spirit broke forth for a while unchecked.

She would not lay down again; sleep was out of the question.

The frenzied rush of her grief passing, she regained her self-command, and was ashamed that she had lost it. The slow period of suspense was gone, and by degrees a dull calmness replaced it, and a grim, half-reconciled acceptance of the inevitable.

Either she would have to return to her husband; or she must continue the life she had been living ever since he deserted her. Whichever course she adopted, she was separated for ever from the man she loved, and, for his sake no less than her own, must see him no more.

Feeling that her one poor comfort lay in getting rid of all uncertainties and facing squarely the fate that lay before her, she sat down and wrote. The mere writing and pouring out all her love and grief—all the unhappy truth to the man she loved still, though she must renounce him, telling him of her irrevocable resolve, and the writing down of her eternal, last farewells, melted her, and shattered her high fortitude to tears.

But the letter was finished at last, and she sealed and stamped the envelope and set off to post it at once, so that she might have no need of further effort, no need to do anything but live and work and be resigned.

On the way downstairs, she looked in at the ward, and, on a motion of the sister's head, stepped inside, and glancing towards the bed of the new patient was startled and thrilled to see that the screen had been drawn round it.

"Gone!" whispered the sister. "Had a sudden relapse, poor fellow, and—"

She lifted her hands and her shoulders significantly.

Nurse Dennington paused irresolutely, but went out without crossing to gaze on the dead face lying, as she shrunk from imagining it, behind the screen.

She returned upstairs, subdued, dazed, and too touched with pity and remorse even to be actually sensitive to the vague relief that had come to her, and to the tearful light that was coming to her as through rifts in a cloud.

It seemed brutal and inhuman to entertain any feeling but of pity and self-reproach while he lay dead there, and it comforted her to believe that she was impervious now to all but those feelings, and a thankfulness that she had forgiven him before he died, and breathed that prayer for his safety.

Yet something moved her to diverge from the corridor upstairs into an empty sitting-room, where she took that letter from her pocket mechanically, tore it across and across, and dropped it into the fire.

A WORLD-RENOWNED TREATMENT.

There is now no possible reason why people should be complaining about excessive stoutness, and deploring the fact that they have met with disappointment when trying this, that, or the other method, treatment or remedy. It is very obvious that these dejected and disheartened persons have not yet tried the Antipon treatment, and they should elect to do so without delay. They will never regret it. The two main features of the Antipon treatment differentiating it from all others are these:—(1) It *overcomes the tendency to get fat*, whilst ejecting the abnormal fatty matter, and reducing the subject to natural weight and correct proportions; and (2) it *requires the help of nourishing food* to increase strength and restore vitality while the reductive process is going on. Antipon possesses tonic properties of a high order; it promotes appetite and repairs the faulty digestive powers. There are no unwelcome dietary rules to follow. "Eat well and grow slim, supple and strong again"—there, in a few words, is the effect and final result of the Antipon treatment. Within a day and a night of the first dose there is a decrease of 8 oz. to 3 lb., and thereafter a steady and sure reduction continues until permanent cure, when the doses may be discontinued, the liability to excessive fatness having been eradicated. Antipon is a slightly tart, refreshing liquid containing nothing of a mineral origin, and being neither aperient nor the opposite can be taken without dread of discomforting after-effects.

Antipon is sold in bottles, price 2s. 6d. and 4s. 6d., by Chemists, Stores, &c., or can be had (on sending amount) carriage paid, privately packed, direct by the Antipon Company, 13, Olmar Street, London, S.E.

STEWED KIDNEYS.—Ingredients: 3 pairs kidneys, 1½oz flour, 1 pint stock, 1oz butter, 1 tablespoonful chopped parsley, 1 desertspoonful mushroom ketchup, 1 tablespoonful of sherry (if liked), some thin slices of bacon, seasoning, potato border. Method: Wash and dry the kidneys, cut into half, and dip each half into flour, and season. Melt the butter in a saucepan; when quite hot brown the kidneys, sprinkle over the remainder of the flour, and add by degrees the stock. Simmer very slowly for 1 hour. Serve on a baked potato border; garnish with small rolls of fried bacon and chopped parsley.

"'Myra's Journal' is a splendid paper."—Mrs. J. W.

No. 7500

No. 7501

No. 7502

No. 7503

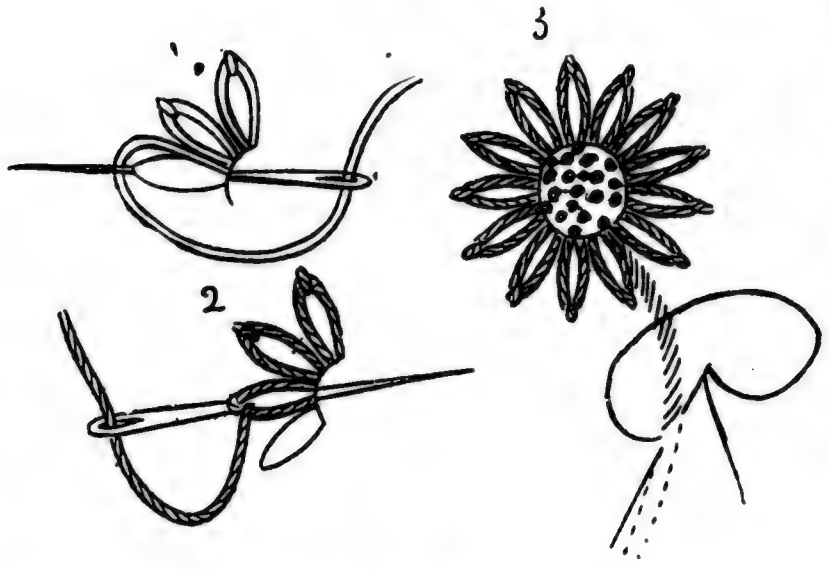
SPRING STYLES FOR MATRONS.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat, Mantle, Blouses, each 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

An Embroidered Smocked Frock.

By Mrs. Hamer-Jackson.



Details of Embroidery.

CHILDREN'S smocked frocks are always popular, and one cannot wonder at this continued support of public favour, for there are few, if any, quaint styles that appeal so much to the artistic mind, which has long since realised the beauty of simple lines and fine stitchery, together with the charm of the elaborate designs that can be worked on the most ordinary piece of material.

If it were possible to write the history of this needlecraft many people would be surprised to find that its birth is absolutely hidden in the night of centuries. First adopted by the ancients as priests' robes, it seems to have been quite lost sight of for a long time, until it was claimed by the English farm labourer almost as a national uniform. Some years ago the simple cut and charming decoration then made by the peasant housewife attracted the attention of some artists, who brought it into favour for children's dresses and ladies' blouses.

Apart from the fluctuating caprices of Madame La Mode, smocked garments for little ones never actually go out of fashion, simply because, as already stated, it is impossible to find any other style possessing in such a degree the combination of a refined appearance and elaborate decoration.

The work, which is extremely fascinating, offers endless scope for the artistic worker, who can create all sorts of new designs and stitches. It can be as easily worked on cotton or zephyr as on silks and satin, and is as suitable for overalls and pinafores as it is pretty for party frocks or elaborate blouses.

The art of smocking is an easy one, and although at first sight it often looks intricate and difficult, it only needs a little attention and patience in following the clear instructions given in Myra's Library of Needlework, No. 28, and the result will be delightfully easy and fascinating.

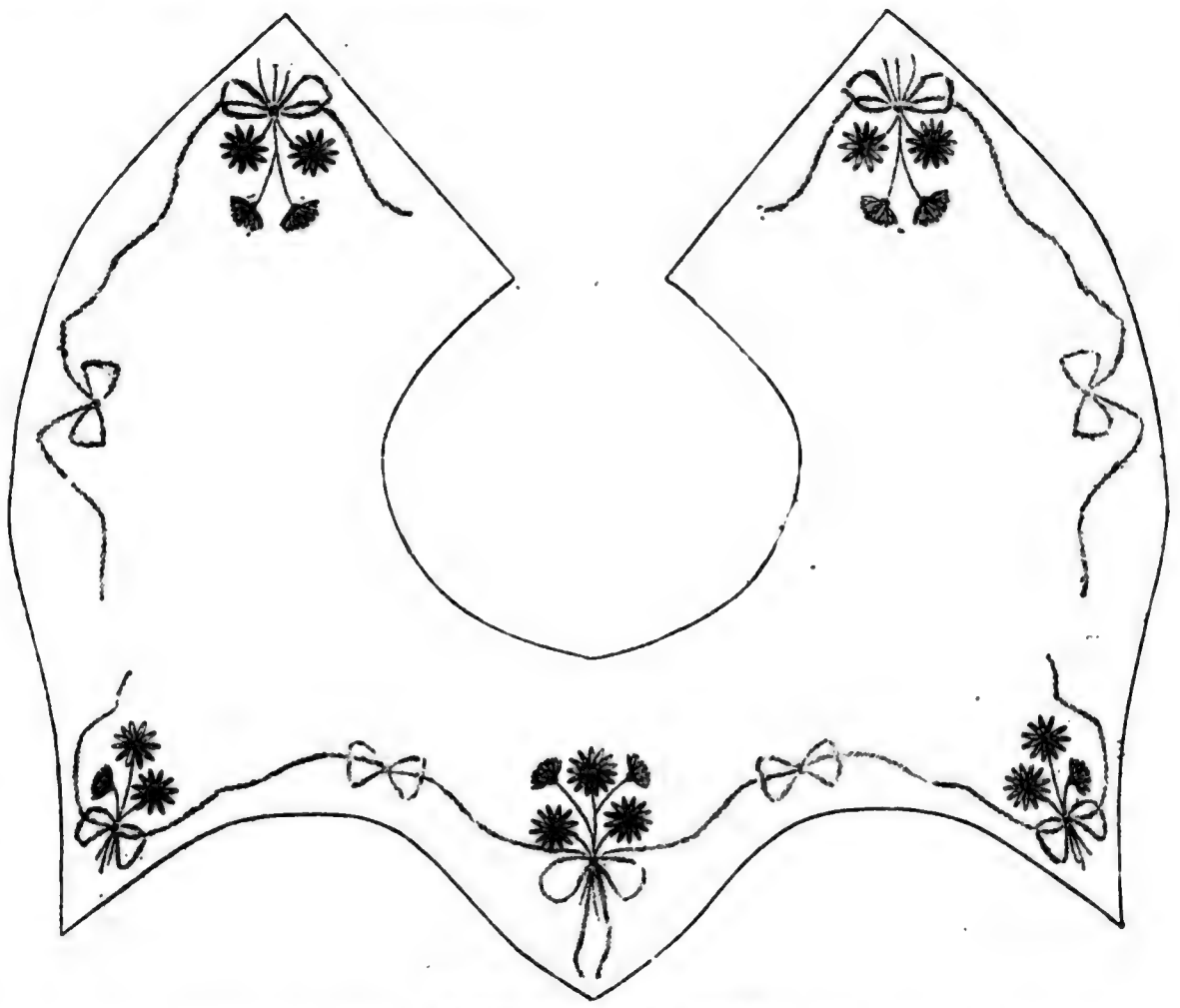
For the smocking itself, Peri Lusta Flossette, size C, is the best one, especially for washable goods, on account of its durable and elastic qualities, while the soft, loosely-twisted yarn of the same makers is an ideal thread to work on silk or woollens. However, the description of smocking is so carefully and minutely described in Myra's books of needlework that I will leave the reader to refer to book No. 28 (smocking design No. 5) for the details of the stitches and elaborate decoration, and will proceed with the description of what is, in my mind, the tit-bit of the whole frock, that is the exquisite turn-over collar which, by its dainty embroidery, gives to the dress such a fascinating touch of distinction.

The artistic merit of the design is too apparent to be dealt with at length. It will suffice to draw my readers' attention to the deliciously childish and pretty decoration of simple daisies, tied up with a ribbon, which is gathered at intervals in a lovers' knot.

The possibilities of this embroidery design will at once appeal to the usual worker. On a white frock what could possibly look prettier than these spring daisies worked in white Peri Lusta Flossette in loop stitches held down by a stitch of pink (No. 52) at the end of each petal, with pale green (No. 55 and 56) for the stems, and very pale blue (No. 43 and 44) or very pale pink (No. 52) for the ribbon! The same scheme would look equally well on a pale blue or pink dress with the ribbon worked in a contrasting shade or simply in white, whilst a very delicate appearance may be given to the work by tacking on the tracing a real narrow embroidery ribbon.

The stitches in which to work this design may almost be left to the choice of the worker, although personally I should suggest the loop stitch for the petals, as the detail illustrated. That kind of embroidery is extremely effective and very quickly made. Each petal is made in one long stitch. The thread is first brought to the surface of the material at the inside end of the petal, a long loop is made, and the needle brought back almost to the same point where it came out. It is then inserted in the material and brought out again at the top end of the petal, the loop of the thread being held under the thumb of the left hand until the needle has been drawn through and the thread gently pulled into position, the needle then being inserted again, as in Fig. 2, to make a small stitch, which holds in place the shaped loop. It is this little stitch at the end of each petal,

Continued on Page 44.



Embroidery for Collar.

Full size transfer of the Embroidery can be had, price 4½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen."—N. B.

No. 7504

No. 7505

No. 7506

SMART SPRING MILLINERY.

For Description see Pages 33 to 36.

No. 7507.—ELEGANT AFTERNOON GOWN, WITH PLEATED "GIBSON" SKIRT.
(For outdoor or indoor wear.)

For Description see Pages 33 to 36.

Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; Skirts, Foundation Skirts, or Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7508.—A Beautiful Burnous in the New Red Cloth.

For description see Pages 33 to 36.

Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Of Interest to Women

FRENCH VERSUS ENGLISH MARRIAGES.

By Juliette Heale.

An old subscriber of Myra's Journal, who has been three years in Paris, picking up what valuable dress-making hints she can in the *atelier* of a big Paris *couturier*, tells me that she has been able to make many friends in Paris, and has had the opportunity of studying French life as existing in families of a class similar to her own. She is struck by the superior position of the wife and mother in France as compared with what an Englishwoman similarly placed can secure. She has noted the prevalence of the "arranged" marriage, and asks me with surprise how it is that they seem, especially on the wife's side, to turn out better, on the whole, than the English marriages "for love."

Money may be "dross," but, for all that, the modern world turns much upon funds, and the excellent position of the French wife and mother hangs largely on the fact that she is *never* penniless. Her husband is swayed by the ever-present consideration that he only owns (pecuniarily) half the establishment, and the wife's children (especially her sons) never forget that most important matter. Her slightest wish, therefore, has a weight which the penniless Englishwoman cannot exact, unless, indeed she happens to be of a very commanding, determined personality, something quite out of the common.

A Frenchwoman without a dowry, suitable to her rank and expectations, never marries; or, if she does, her case is so rare that it is not worth considering in the arrangement of the national life. It is, therefore, a burning shame to French parents to bring up an undowered girl. If there are no funds available for the all necessary "*dot*," or dowry, a baby girl is insured by her parents for a certain sum, to be paid over at marriage or at a certain age.

Prospective bridegrooms of the lower middle classes will often prefer to waive the *dot* on consideration that the wife (Frenchwomen are very able) takes an active share in the management or working of his trade or business, where she rarely fails to be even more valuable than himself. On the other hand, French parents are very thoughtful for their offspring. If the *dot*, through misfortune or unpardonable forgetfulness, is not forthcoming, the girl, on leaving school, is taught very thoroughly some trade or profession, at which she works for all she is worth, knowing that she *must* earn her own living. All this is the origin of that exceeding aptitude of the Frenchwoman, which strikes all foreigners permitted to see something of French life—not as the tourist sees it, but as it is shown in the

French home and in the French workshop. So able does the Frenchwoman become under this discipline that I have been told by French relatives, who *know*, how in all French prisons the delicate and intricate handiwork of the female prisoners not only pays for their own expenses, but largely makes up the deficit always forthcoming on the male side. Then, the fact that she cannot marry without a *dot* makes the Frenchman throw open the liberal professions to her. Hence, as an individual, the *dot* system makes the Frenchwoman score all along the line.

That there is a great deal of bargaining in the arranged French marriage must be frankly admitted. Rank, age, beauty, ugliness, health, family influence, humble birth, physical defects, all these matters are weighed against solid cash. But there are these two great points in favour of the arranged marriage: 1. Whatever humiliation may be entailed falls equally on male and female. The bridegroom has no more a free hand than has the bride. 2. The bargaining is not done by the young couple themselves, but by their relatives. The wife can never have it thrown in her face that she "hunted down and caught" her spouse; the husband, for his part, can never be told to his face that he was a mere fortune hunter; for the whole matter of the marriage has been properly "cast up." To say truth, "fortune-hunters" have very little scope in France. A penniless Frenchman must have a big title or great national renown to buy a big fortune—a fair bargain; a rich French girl cannot secretly marry her groom or elope with her father's secretary—the marriage could not be legal, and the would-be bridegroom would not get a penny. There are courts in France where indignant relatives can prevent heedless young people, even of full age, from squandering their inheritance.

(To be continued.)

Another correspondent, who has a young daughter studying medicine in London, tells me she is very anxious that, when qualified, the young lady should become one of the "school" doctors (to watch the health of the children in our free schools) to whom I referred last month. The right thing would be to inquire from the Education Committee of the borough or town where work of the kind would be acceptable. I imagine that some experience as well as good certificates will be required, as the post is one of national importance.

The right attitude of the lady doctors in refusing the paltry pittance offered of £150 a year has had its effect, as even the least wise of our councillors know that women, and women alone, will adequately "fit" the duties required. On February 18 the Enfield Education Committee decided to appoint a lady practitioner at £300 a year, *just double*, and a fair sum for a fully qualified doctor's full time.

No. 7509.—Gibson Skirt and Smart Little Kimona Coat.

For description see pages 33 to 36.

Price of Paper Patterns, Coat, 1s. 0½d.; Skirt or Foundation Skirt, each 6½d, post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7510 Nos. 7511 No. 7512 No. 7513

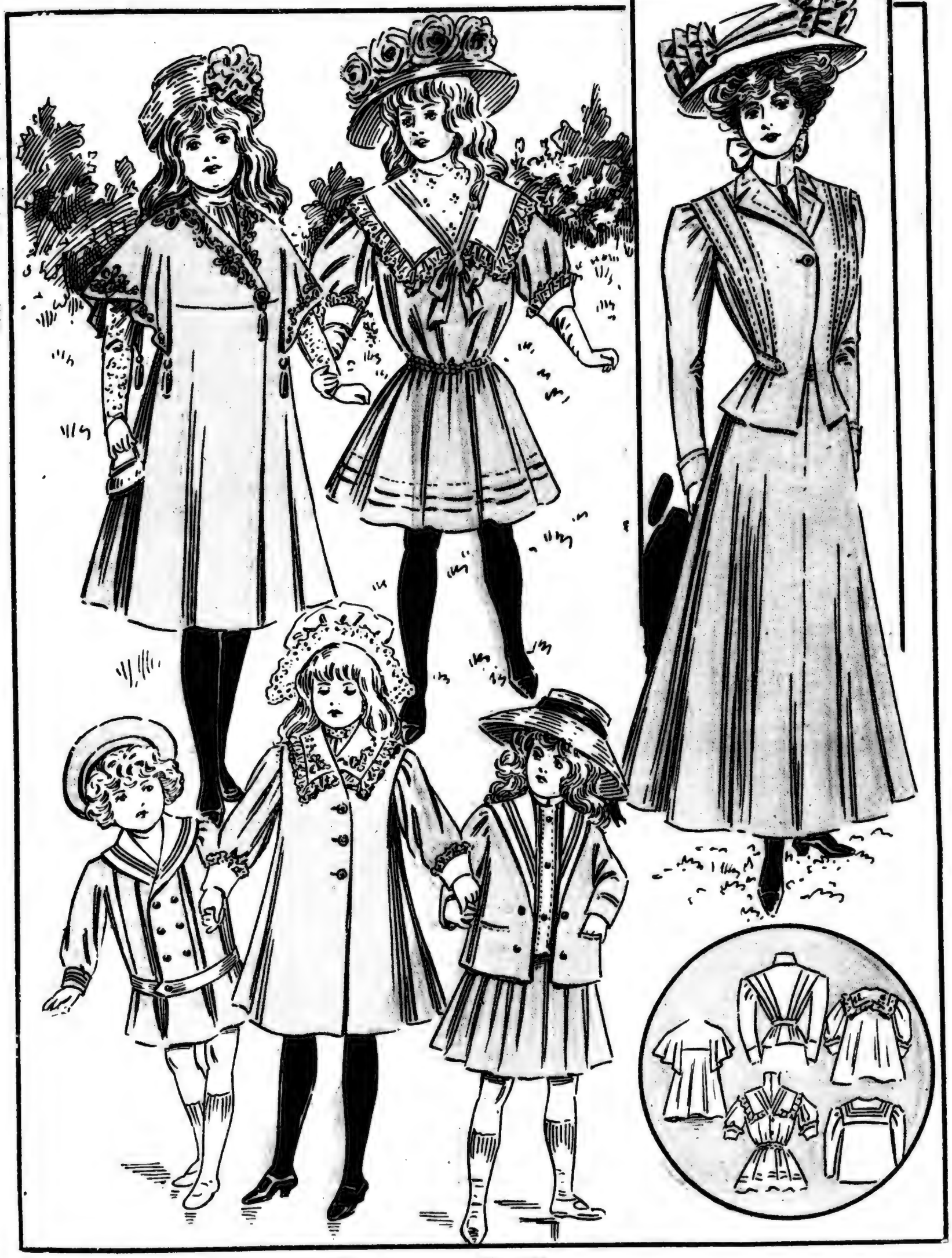
No. 7514 No 7515 No. 7516

SEASONABLE OUTFITTING.

For Description of No. 7510, see page 30; for the other Descriptions see Pages 33 to 36.

Price of Paper Patterns, Dressing Gown, or Divided "Eel" Petticoat, each 1s. 0½d.; *the other Models, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7517 No. 7518 No. 7519



No. 7520 No. 7521 No. 7522

SMART SPRING COATS, FROCKS, AND SUIT FOR BOYS' AND GIRLS.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, Coats, Skirt, Frocks, Suit, each 6d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7523.—A Lovely Tea Gown with Original Blouse.
For Description see pages 33 to 36.
Price of Paper Pattern, Skirt, 1s. 0½d.; *Foundation Skirt, or Blouse, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

THE PREVENTION OF CHILBLAINS.

At this time of the year so many girls who do not enjoy robust health feel and suffer from the keenness of the east and north winds, and are dismayed to see that just when they want to look their very best in the dances and other pleasant parties that precede Lent, their hands and feet are swelling again with chilblains that make them so red, irritable, hot, and ungainly.

Now, if the skin is kept in active condition by means of a slightly warm bath every day in which all-over massage is given to the body with the hands well lathered with Wright's Coal Tar Soap (which can be bought at any chemist's for 4d. a tablet), and this followed by thorough drying with warmed towels and by brisk friction with a Spinalife Brush (this is sold by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E.), a good circulation of the blood will be promoted and maintained, and such things as chilblains and chills and other ailments due to enfeebled circulation will become things of the past.

This better condition is assisted, too, by doing a few physical-culture exercises the first thing on rising in the morning, and the following are examples of the kind that will be found useful:

(1) Stand straight up with heels together, take a long, deep, steady breath, bring arms into line with shoulders, bend arms and place thumbs on shoulders, jumping up and down on the same spot whilst doing this. The higher the jump the better. Repeat twenty times.

(2) Expand the arms until they are in a straight line with the shoulders, hold head well up, take a deep breath, and cross the right leg over the left. Double the arms, bring them to shoulders, expand them again, take a deep breath, and cross the left leg over the right. Do this alternate crossing with each leg, and expansion of the arms, a dozen times as briskly as possible.

(3) Take a long breath, bring the right knee smartly up to a line with the waist, and at the same time carry the hands up to the back of the head, clasping them there. Bring the right foot down with a stamp so that heels are together again, and let the arms come down at the same time and lie fully relaxed at the sides. Lift left knee to line with waist, repeat same movements, and keep up the alternation a dozen or more times, then walk quickly round the room, lifting first the left knee and then the right as high as possible, carrying the hands to the back of the head at each unlifting of the knee, and bringing them down to the sides each time the foot is returned to heel. This exercise, by the way, is also an excellent one for keeping the waist slender.

No. 7524.—THE NEW EMPIRE TEA GOWN WITH THE NEW "MANTILLA" PELERINE.

For Descriptions see Pages 33 to 36.

Price of Paper Pattern, Skirt, 1s. 0½d.: *Blouse or Pelerine, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7525 No. 7526

AN EARLY SUMMER COAT-AND-SKIRT AND EMPIRE PELISSE OF SOFT WHITE SERGE.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns. Pelisse, 1s. 0½d. ; *Skirts, Fimmitation Skirts, or Coat, each* 6½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane E.C.*

No. 7527

No. 7528

NEW STYLES FOR STRIPED FABRICS.

For Descriptions see Pages 33 to 36.

Price of Paper Patterns, Skirts, Foundation Skirts, Coat, Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7529 No. 7530 No. 7531

LOVELY EVENING GOWNS FOR THE SEASON, AN

For Descriptions see Pag

Price of Paper Patterns, Mantle, **1s. 0½d.**; *Skirts, Foundation Skirts, Bolice*

No. 7532 No. 7533 No. 7534

, AND THE NEW "SWING BACK" KIMONA WRAP.

see Pages 33 to 36.

, Blices, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

EMPLOYMENTS FOR LADIES.

THE number for February 7 of that most useful little paper, "Women's Employments," price 1d., which is issued by the Central Bureau for the Employment of Women, appears in enlarged form, and contains some excellent articles on "A School for Mothers," "Home Making," "A Lady Chemist," &c., while the classified list of institutions where training may be obtained for the various professions and occupations now open to women is as complete and helpful as ever. Those of my readers who do not know this little paper, should not fail to make themselves acquainted with it.

The Women's Section for Arts and Crafts, industrial and philanthropic work, will be an important and extremely interesting part of the Franco-British Exhibition to be held this year at Shepherd's Bush, London, W. The Countess of Jersey is president of the ladies' executive committee, and the Duchess of Sutherland and Lady Haversham are vice-presidents. There are to be mementoes, portraits, autographs, relics, &c., of women of the British Empire who have distinguished themselves in literature, art, science, history, or philanthropy — no insignificant roll-call.

To Arts and Crafts are assigned two classes, divided thus:

Plain needlework, ecclesiastical embroidery, white embroidery, tapestry, art needlework, hand-made lace of every kind, crochet, tatting, netting, spinning, weaving, &c.

Wood-carving, ivory-carving, modelling, enamels, painting on china, bookbinding, leather work, poker work, gesso work, artificial flowers, decorative painting, pottery, designs, cartoons, posters, printing, wall papers, cabinet work, &c.

Pictures, sculpture, photography inventions, stained glass, nursing, laundry work, cookery (jams, preserves, pickles, sweets, &c), and philanthropic work are in separate classes.

I think this should interest many of my readers, some of whom I know are expert cooks, many of whom are also artists in various ways of proved capacity. At any rate, I trust some of them will take advantage of the opportunity thus offered. The secretary is Mr. J. Bellham, 56, Victoria Street, S.W.

FREE REGISTER.

SPECIAL NOTICE.—The printed notice in the Free Register *must* be cut out and sent for re-insertion each month. Miss Winifred Jones will in future only recommend those workers who keep their notices up-to-date. No worker whose notice has not been sent up two months previously will be recommended. This regulation is now an absolute necessity owing to the great increase in the number of correspondents, and to the fact that there are now over 500 names on the Register.

SPECIAL NOTICE.—May I ask my readers to be so good as to forward a stamped envelope when they are writing to a worker and require a reply. To many to whom it is a real struggle to live, and to whom a penny stamp means a good deal, this little consideration would be a real boon; and it is very often merely "want of thought," which, I am sure, this gentle reminder will remedy.

Letters requiring a reply by post must contain twelve halfpenny or six penny stamps and a stamped envelope. No reply will be sent to any letter not complying with these conditions. Letters to be forwarded must bear the Register number on the left-hand top corner, and be fully stamped. Communications, to be attended to in the next number, must reach the office not later than the 25th of the month, addressed to Miss Winifred Jones.

No. 7585.—A Beautiful Lace Blouse.

For description see pages 33 to 36.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 528.—All kinds of fancy work. Ladies' materials worked up cheaply. Bazaar and bride's parcels a speciality. Lovely stock collars. Embroidered lace.

No. 539.—Stylish Honiton point lace collars, 2s. each, three for 5s. Ditto dainty little handkerchiefs, 2s. 6d. each, three for 9s. 6d.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate.

No. 532.—Charge of an elderly lady or invalid required. Homely. £1 weekly, inclusive. Or the care of children. Country. Good air. (Surrey.)

No. 533.—Fine underwear carefully made by hand; ladies' materials. Embroidered initials.

No. 567.—Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

No. 570.—Dressmaking lessons. On L.C.C. list of approved teachers. Guerre method. 1st class diploma. Tailor and Cutter Academy. Dressmaking done. Own models executed. (Harringay, N.)

No. 585.—Artistic renovations to day and evening gowns. All branches of children's dressmaking and millinery. Ladies' materials made up. Any design copied. References. Special attention to orders by post. (S.E.)

No. 561.—Daily dressmaking. Speciality blouses and renovations. Would go to the country.

No. 541.—Dressmaker. Day and evening gowns. Children's things. Experienced. Reliable.

No. 595.—Dressmaker. Daily or at home. Good fit and style. Terms moderate. (E.)

No. 596.—Maker-up to the trade. Voile and colienne skirts.

No. 597.—Lady's maid, competent dressmaker, wants to start business with another in a few months' time.

No. 598.—Photo miniature artist. Medallist. Portraits of children, horses, and pets from photographs a speciality, from 21s. Old miniatures copied from 25s. Miniatures beautifully painted from any photograph from 15s. 6d.

No. 599.—Ready-made blouses, all shades and sizes, 5s. 6d. each. Mail abroad 1s. extra.

No. 600.—Good all-round dressmaker. Tea, Empire gowns, &c. 3s. 6d. a day, 10 to 7, and fares.

No. 601.—Embroidery, fancy work, handkerchiefs, and court gowns. Alter clothes. Frocks embroidered and designed a speciality. No two alike! Blouses designed and worked in two days. Very reasonable charges.

No. 602.—Renovations. Alterations. Children's garments. Blouses and underwear. Men's and boys' pyjamas. (Sheffield.)

No. 603.—Plain needlework. Mending. Ladies' houses, or at home. (N.W.)

No. 604.—Easter holiday board-residence for young women. Two sharing room, Thursday night till Monday night, 10s. each. (Eastbourne.)

No. 605.—Smart dressmaker. Costumes from 10s. 6d. Highly recommended. (W.C.)

No. 606.—High-class dressmaker. Gowns made from 16s. Ladies' materials. (S.W.)

No. 607.—High-class dressmaker. Experienced. Moderate terms. (W.)

No. 608.—Dressmaker at ladies' houses. (W.)

No. 609.—Needlework at ladies' houses or home. Dressmaking. Children's things. Renovations. Fancy work. Moderate charges.

No. 594.—Competent practical milliner. Blouses, underwear, cross-stitch marking, &c. (S.E.)

(For Answers to Correspondents, see page 29.)

"Of all the ladies' papers that are published 'Myra' is undoubtedly the very best."—M. H.

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description.]

UMBRELLA SKIRT WITH PLEATED PANEL.

THIS is a beautiful model of a very fashionable skirt—the umbrella skirt with front panel plain or pleated. This model has the tablier embellished with smart pleats on each side, the tablier seams hidden in these pleats which are wheelmarked on tablier pattern. It looks charming in the new aluminium grey or leaf-green, but our model is in white serge, the white blouse to match being decorated with leaf-green velvet. Skirt top fits very neatly, and there is an elegant flow about the feet.

The pattern is in two pieces—one umbrella side, half front. The pattern paper not being large enough for the umbrella side, a corner has to be added. Pin the piece and its corner in place on the material as shown in the diagram, double and single notches coinciding.

The diagram shows the pattern pieces laid on 4 yards 48-52-inch material, which is opened out and is double beneath the circular side, so that it is cut in duplicate. The single material is doubled in half (selvedges meeting), front of tablier laid along the fold. As the material is not wide enough for complete tablier, an added corner is seamed up the selvedge at *a b*.

Tack together umbrella sides and front, according to the single notches. Arrange the pleats, leaving the seam free for some eight inches on the left for an opening. Try on. Stitch and press the seams. Secure

No. 3.—PEPLUM BOLERO COAT.

No. 4.—GIRL'S EMBROIDERED SMOCK.

Nos. 1 & 2.—PANELLED UMBRELLA SKIRT AND PLEATED PINAFORE BODICE.

OUR FOUR FREE PATTERNS.

For descriptions see pages 27 and 28.

the pleats down for some inches by tacking them inside so as not to show. Finish the opening, when turned over a band of lino, with bands of sarsenet neatly stitched over the lino. Close with Newey's Imperial Spring Hooks and worked loops. Bind the top and close with hooks and eyes. Put the pocket in this seam.

Turn up the hem.

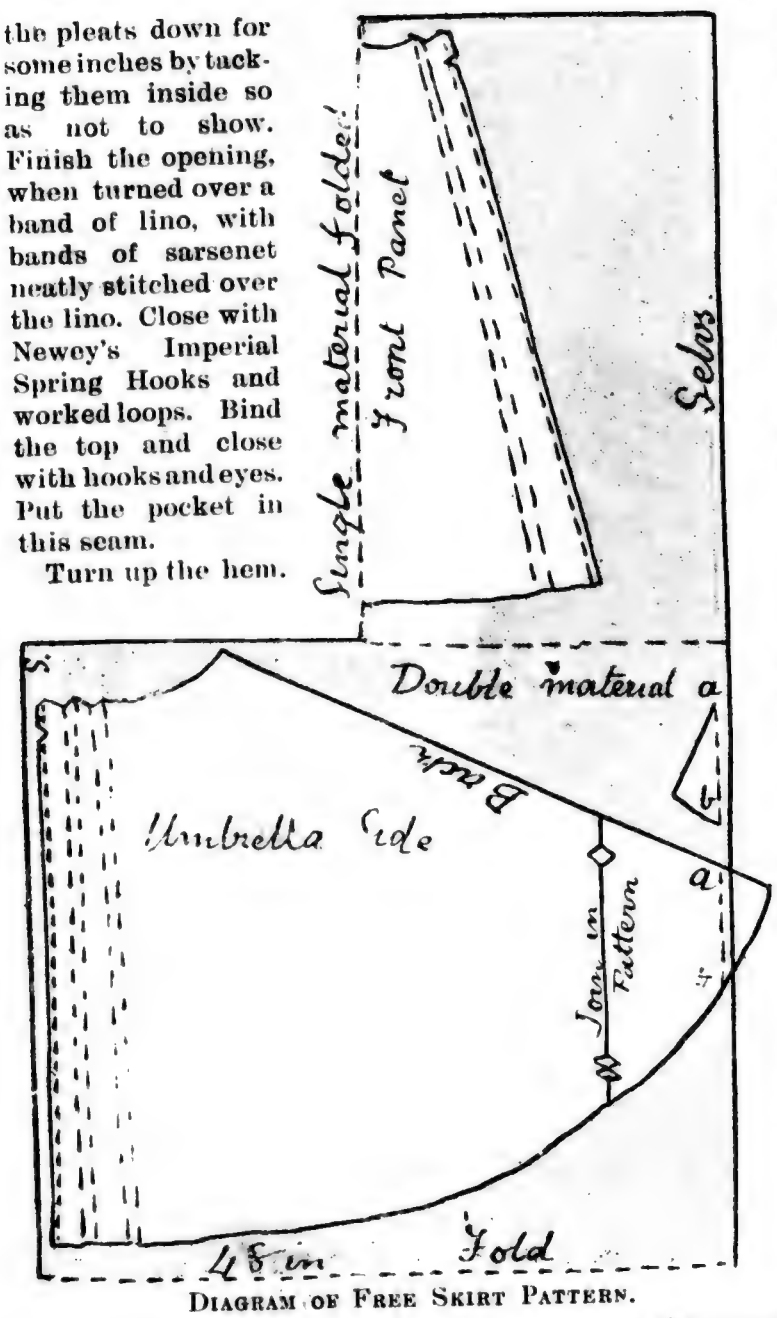


Diagram of Free Skirt Pattern.

Interline with lino and fell from the back: the French hem.

The hem should be well pressed and shrunk into shape by a very hot iron pressed over a wet woollen cloth (white if possible, so that it may not stain the skirt). Wear over a separate foundation skirt.

PLEATED PINAFORE BLOUSE.

This should be worn with the beautiful skirt just described, as its deep pleats on each side coincide with the smart tablier pleats. The pattern is in two pieces: half the blouse, half the basque. The blouse should not be lined, but the basque should be of light mercerised lining or sateen, so as not to enlarge the hips. The beautiful pleats are wheelmarked in the pattern on the shoulders, the deep zig-zags of the lower edge, front and back, showing how the material is pleated into the fitted basque.

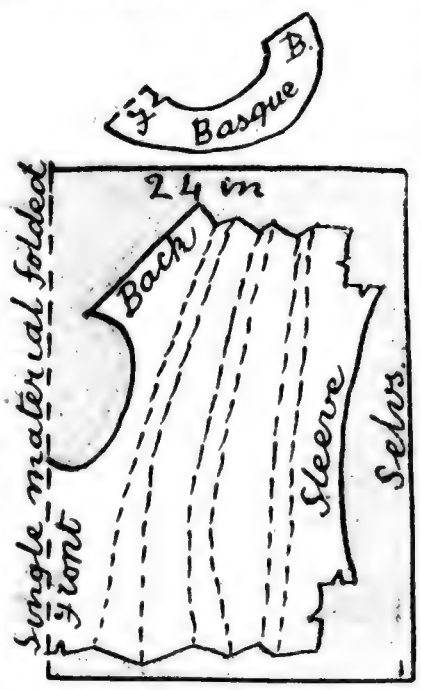


Diagram of Pinafore Blouse Pattern.

The diagram shows the blouse pattern laid on 1 yard 24 inches white serge which is folded in half (selvedges meeting), the front centre of pattern laid along the fold.

Tack together the only seams—under the arm and the tiny sleeve. Arrange the pleats. Arrange blouse into the fitted basque and try on. Stitch and press small under-arm and sleeve seams. Secure the pleats by tacking inside. Join on the basque with a lapped seam. Hem the basque. Pipe the neck with green velvet and put green velvet buttons in two rows down the front. Hem the backs and close with Newey's Imperial Spring Hooks and worked loops. Hem the sleeve with a band of velvet laid on lino, and finish with green chenille fringe. The belt should be of the green velvet, supported on bones.

THE NEW PEPLUM BOLERO COAT.

The rage for peplum points and tassels has reached even the much-liked bolero, which, in some form or other, always crops up again each spring. Our beautiful little braided model can match a skirt, or it can be in the new suède tint cloth (fine *drap souple*), braided in brown, for a smart little spring wrap. It has the new long shoulder with lapped armhole seam.

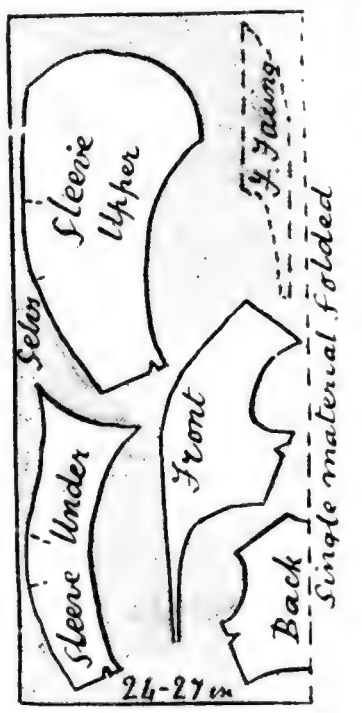


Diagram of Coat Pattern.

The pattern is in four pieces. One peplum front, half the bolero back, the upper and under of one sleeve. The diagram shows the pattern pieces laid on 1¾ yards of 48-54-inch material, which is folded in half, selvedges meeting, back centre laid along the fold, so that back is cut in one piece, the other pieces being cut in duplicate. A front facing (cut on front pattern) is marked out on the material.

Tack together back and fronts, and try on. Stitch and press the seams. Braid the edge all round, including neck. Turn up the edge all round over a band of lino and press well. Face fronts, putting an interlining of lino. Cut a lining in silk on the coat pattern. Seam and press. Tack in place and slipstitch the edges over turned coat edges and front facings.

Tack sleeve and try on. Stitch seams. Braid the wrist and turn the edge like the coat edge. Seam and press lining, tack it in place and fell it over the turned wrist of coat.

The sleeve is mounted into armhole with a lapped seam so as to be as flat as possible. The coat edge (turned in) being stitched upon the sleeve and its lining. The lining of armhole is felled over the seam.

The fastenings are handsome metal or braid buttons held by loops—a braid is sewn down coat edge and is left free at intervals.

GIRL'S EMBROIDERED SMOCK.

This dainty little frock pattern is cut for a girl of four to six years old. The pattern is in four pieces: half the front, one back, half the collar, one sleeve. The diagram shows the pattern pieces laid on 3 yards 36-inch washing silk, which is doubled in half (selvedges meeting), front centres of front and collar laid along the fold, so that each is cut in one piece, the back and sleeve being cut in duplicate. The back centre can be laid on the fold, and the material be slit for an opening, finished with false hems.

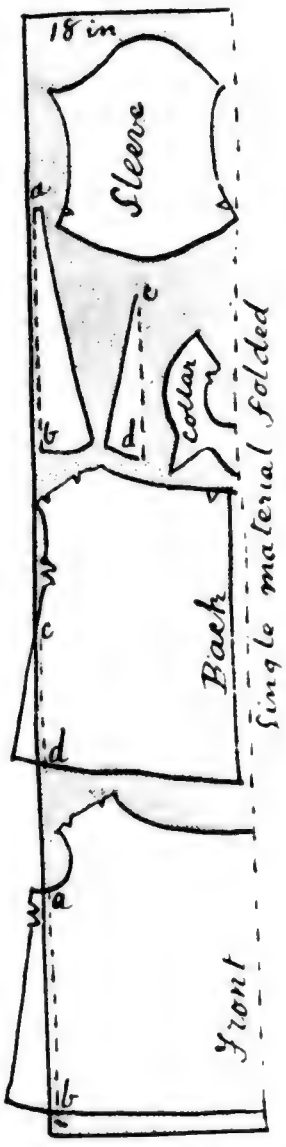


Diagram of Smock Pattern.

The dress looks better if very full. But this necessitates added corners on front and back, seamed up the selvedges at *a b*, *c d*. The material is smocked to fit into the collar and across the child's chest, which is done by guaging the material, as is necessary for smocking. How to smock the pretty pattern illustrated will be found in No. 28 of "Myra's Library of Needlework," design No. 5 (1½d. post free). The delicate embroidery of the collar is dealt with by Mrs. Hamer-Jackson on page 13. The dress is seamed up at shoulders and under the arms. The lower edge is hemmed. As smocking allows of growth in bulk, it is a wise plan to tuck the lower edge, as the tucks can be let down. The collar is a very beautiful and original one. It should be lined with silk.

The sleeve is seamed and is closely smocked. A notch on the pattern shows the depth of the free frill. The smocking stretches for the little hand to pass through. The sleeve is gathered into the armhole, the seam being bound for neatness.

"I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

Employment Bureau.

(For Free Register see page 26.)

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

For Rules please refer to "Free Register," p. 26.

EXPERIENCED DRESSMAKER (J. J. C.)—I will put you on my Register, but I think you would be wise to mention your prices. People like to know what they have got to pay, and also whether you can offer references. Your name seems quite familiar to me. Have you written before?

DRESSMAKER AT WOLVERHAMPTON (E. G. Y.).—Certainly, from your testimonials and from what you say, your work seems to be excellent, and I am glad to put you on my Register. I have received your second letter with the list of charges, &c. I do not have very many queries for workers outside London, but possibly some would be glad to have things made from measurement.

FINE UNDERWEAR, &c. (Miss P.).—I am glad to hear my correspondents have given you work, and I sincerely trust you may get more. I will certainly remember you if I have any inquiries, and I am very sorry to hear of your straitened circumstances. I have made the addition to your notice that you desire.

WORK WANTED (L. M. K.).—I am very pleased to hear that my correspondent was able to employ you, and that you gave complete satisfaction. The lady wrote to me afterwards, I am glad to say.

FIRST CLASS BLOUSE MAKER WANTED (A. A.).—I sent you several addresses, and I should be glad to know whom you employed, and your opinion of her work.

ROOM TO SHARE (Progress).—I am putting a notice in for you, but I fear yours is not a practicable idea. Very few people—worth having—would care to share a room save with someone with whom they were especially intimate. Still, I will do my best for you.

DRESSMAKER (Miss C.).—A subscriber for "many years" deserves all our assistance, and I will endeavour to find work for you. The great thing is to keep your notice in regularly.

MILLINERY ARTISTE (A. A.).—Certainly, I shall be glad to put you on my Register, and after your experience you must have a thorough knowledge of the trade.

DRESSMAKER EMPLOYED (U. K.).—I am so pleased that you employed one of the dressmakers I recommended, and that she gave "the greatest satisfaction." Many thanks for letting me know.

HOME-MADE MARMALADE (E. M. P.).—I am pleased to put you on my Register, but I strongly advise you to quote prices, especially for sample pots and large orders. If you could get someone to act as agent for you in London, I cannot help thinking it would answer. I, myself, patronize a "home-made" shop for marmalade, and of all confections it is best home-made!

PRACTICAL MILLINER, &c. (A. M.).—I am putting a notice in for you, and trust it may meet with some response.

SIX PENNY STAMPS RETURNED (F. A.).—I am sorry you troubled to return what I meant as a gift, but I trust that it is a sign that brighter days have dawned for you. I remember you well, and heartily reciprocate your good wishes.

DRESS-CUTTING, &c. (L. G.)—I am putting a notice in for you; but once again I must say that only letters for the "Employment Bureau" must be sent to me. I cannot, and do not, forward those for the "Free Bargains" or any other department.

No. 518 (A. A.).—The notice must be cut out of the register and sent to me. The coupon is unnecessary. As soon as I receive this I will insert your notice, but I cannot do so unless you send it.

MINIATURES (D. M.).—Certainly, I will put you on my Register. Read my reply to "F. M. H.," as what I say there is applicable to you also. I sometimes think if you could arrange with some first-class children's outfitter or dressmaker to have a glass case with a few miniatures of children's assets in it you would find it useful. The great thing is to get known.

NOTICE FOR THE YEAR (Mrs. R.).—I am putting in a fresh notice for you. To keep it in regularly all you have to do is to cut out the printed notice each month and send it up to me, when it will appear in each issue.

HIGH-CLASS DRESSMAKER (E. M. P.).—Certainly, I am pleased to put you on my Register.

DRESSMAKER WANTED (Mrs. C., Herne Hill).—I sent you several addresses by post. I hope some of them were suitable.

HOLIDAY HOME AT EASTBOURNE (E. L. S.).—Certainly, I will mention what you say. Doubtless some of my readers will be glad to avail themselves of the opportunity.

PLAIN NEEDLEWORK (S. J.).—I do sometimes have inquiries for workers like yourself, so I am adding you to my list.

BLOUSES, &c. (Mrs. J., Sheffield).—I have inquiries for workers all over England, so very possibly I may hear of someone wanting a worker at Sheffield, and in any case, as you say, you can execute orders by post.

DRESSMAKER WANTED (Mrs. J.).—For a private reply six penny or twelve halfpenny stamps must be sent and a stamped envelope. I have many dressmakers on my list who would suit you.

DRESSMAKER AT LADIES' HOUSES (Miss L.).—I am so glad to hear my correspondent has given you work, and I trust you may get still more, as you say. You may be sure I will not forget you.

DRESSMAKER (E. H.).—I am indeed glad to hear of your restoration to health, and I trust it may be permanent. I will certainly remember you, but the advertiser is at present suited to whom you wrote. Still, I hope and trust fresh engagements may turn up for you. I remember you quite well.

HONITON LACE (E. T.).—I am inserting your notice, and I trust some orders may result.

DAILY DRESSMAKER (A. W.).—I am very pleased to be of use to you, as "a regular subscriber for a long time," and am putting you on my Register. You seem, as you say, well up in dressmaking, so I think you are sure to succeed.

DAILY DRESSMAKER (M. O'C.).—It takes time, but once you get known, if you give satisfaction you are sure to get on. The only thing is to keep your name regularly in the Register. One of my correspondents got about thirty ladies to work for through one recommendation, and there is no reason at all why you should not do likewise.

ADDRESS WANTED (Mrs. W.).—I sent you the address you asked for, and I had your second card saying that dressmaker was too far away. I have plenty of others nearer you, and I sent you an address which possibly was of use. If not, will you write again, and I will send you others?

ARTISTIC RENOVATIONS, &c. (M. E. P.).—I have given your name several times, so I hope amongst all my correspondents you may get work. I will not forget you, and your best plan is to keep your notice in regularly.

FANCY WORK, &c. (B. G.).—I am so glad to hear that my correspondent gave you such a nice order. She did not comply with our rules about stamps for a reply, but for once I overlooked it, as I wanted you to get the work. I am sure you did your best, and I am so glad to hear she was pleased. What a nuisance to get influenza while you were in London! However, I hope you will follow my advice about submitting specimen collars, &c., as I told you. I am really very pleased to hear you are doing so well.

DRESSMAKER AT TONBRIDGE (Mrs. H.).—I do not quite know what you mean about a letter from me. I do not remember writing to you. I hope, however, that you may hear from my other correspondent. If I ever have any inquiries from your neighbourhood you may be sure I shall remember you.

ROOM TO SHARE (L. G.).—Your first letter arrived too late for insertion, so I answered that and your second in the March issue, but the reply was crowded out with several others. You will find it in this issue. You cannot take MYRA regularly or you would have seen the notice I put in the Register for you—No. 589 in the March number. It is always well to ascertain facts before writing and saying your letters have not been noticed. If people would read our rules they would generally find the solution there. Letters which reach me on the 1st or 2nd cannot be answered in an issue which is already in print; and this Bureau has grown so greatly that it is hard to get the answers in each month. You will see you were in last month's Register as a visiting dressmaker—No. 583. Cut the notice out, and I will re-insert it.

SKIRTS (Mrs. B.).—The advertiser has been suited, but I am putting you on my list, as I may have other inquiries. When a letter is to be forwarded it should be enclosed in a blank stamped envelope, with the Register number in the left-hand corner. I do not forward letters unless they are sent thus.

DRESSMAKER (U. S., Fulham).—I have given your name several times, and doubtless as the season advances there will be more inquirers. I think it is well to give some approximate idea of your charges, as most people like to know about what they will be expected to give.

DAILY DRESSMAKER (E. C.).—Your number is 561, and you must cut out the printed notice for re-insertion. A lady wrote to me for your address, but on hearing it saw you were too far away from her part of London. I will not forget you, you may be sure.

WORK, &c. (Miss P.).—I have not forgotten you, and will recommend you when possible. As this Bureau has now grown so large we can only recommend those who keep their names regularly in the Register, so those who, like yourself, always send in a notice stand a good chance.

DRESSMAKER (Miss L.).—Your number is 586, and you must cut the printed notice out. The coupon is not necessary except when a private reply is required. I wrote specially to a lady at Kew to ask her if she could give you work, so I trust she has been able to do so. If you want to send letters to the various departments under one stamp, you must send them to the Editor, and not to me. I will do what I can for you.

DRESSMAKER (Miss C.).—All the notices received I send up, but as you now enclose the one cut from the February issue, that is positive proof that you did not send it up for insertion in the March issue. If you had you could not have got it now. I am sorry to hear you have been so unfortunate, and, I hope, you may get work through the lady whose name I gave you. I fear many are in the same plight, and some of the letters I receive are most sad. Let us trust things will take a turn.

DRESSMAKER (E. S.).—You have sent me the wrong notice. Your number is 577.

EMBROIDERY, &c. (F. M. H.).—You are evidently a skilled worker, and if you care to send me six penny stamps for a private reply I could perhaps give you one or two addresses that might be of use to you. I suppose you know of the Women's Section of the Franco-British Exhibition to be held this year. You might find an exhibit there of use, as your work is evidently of the best kind. I am putting a notice in for you, but I could help you better through a private reply, as I could give you the names and addresses of one or two people who might be of use to you.

BLOUSES, &c. (Mrs. F.).—I think you are already on my Register, but I am putting in this notice for you. The other you must send to the Editor direct.

DRESSMAKING PARTNER WANTED (A. W.).—For a private reply you must send six penny stamps and a stamped envelope. I will do my best to find you a partner, but I have no one suitable on my Register at present. I suppose you are yourself a capable dressmaker? I think it is as well for partners to divide the work—one taking bodices and one skirts. No one is equally successful with both, and the best businesses I know have been built up thus. Some time ago a young dressmaker asked me to find her a partner, but though various people communicated with her through this Bureau, I do not know with what result. I have put a notice in for you.

DRESSMAKER, HOME OR OUT (A. K.).—Certainly, I will put you on my Register. I do not think I have any other dressmaker on my list in your district.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M., Carmarthen.

Practical Dressmaking for Home Workers.

KIMONA WRAP WITH NEW "SWING-BACK."

For Illustration see No. 7531, Page 21.

THIS lovely model should be in the new fine, soft cloth, called in Paris and by smart dressmakers all over the world, *drap souple*. As to colour, I recommend white, the new "lily-leaf" green, or the rich modified cerise red, which is so lovely in glossy fine cloth, and which all the smarter houses are using for evening wraps touched up with black.

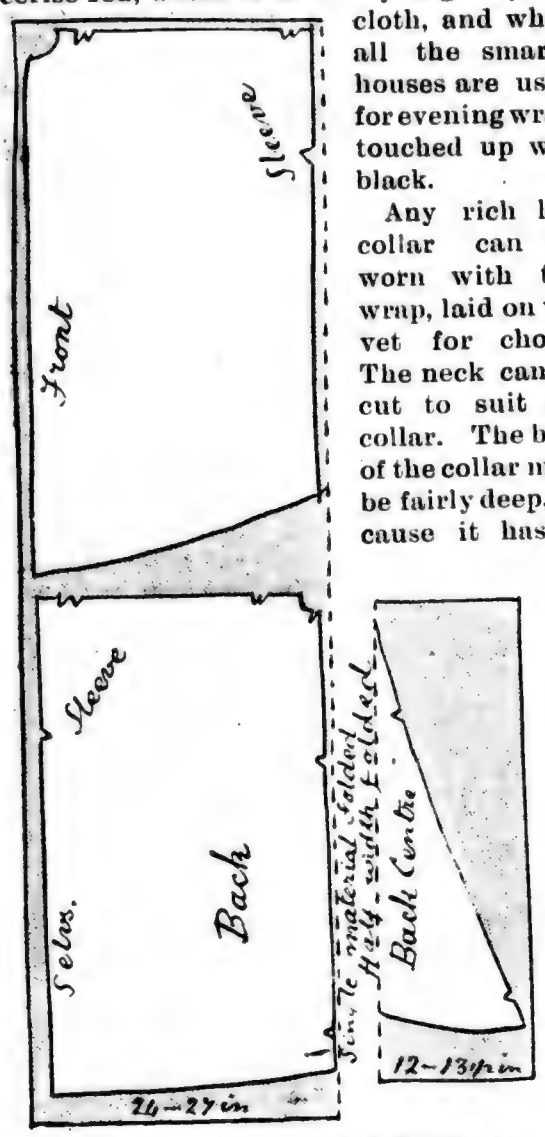


Diagram of Wrap Pattern

Any rich lace collar can be worn with this wrap, laid on velvet for choice. The neck can be cut to suit the collar. The back of the collar must be fairly deep, because it has to cover the top junction of the inserted half breadth of cloth. This half width, added to the full width of the cloth, gives to the back those lovely folds (developing from "nothing)" from which the name "swing-back" is obtained. Our model has a velvet collar, of original shape (deep green on white, black on red), edged with fancy braid. The same fine braid decorates the long shoulder seam and the edge of the mantle.

The diagram shows the three pieces for cloth (one back, one front, half added back centre) laid on 4¼ yards 48-52 inch cloth, which is folded in half, selvedges meeting, so that each back and front is cut in duplicate.

If *reversible* material is used, like fine serge or dull cloth, the double notch seam is omitted, when the back and front pattern pieces are pinned together on the cloth at the shoulder, double notches coinciding. This of course reverses texture for either back or front. The added half-width is folded, the back of added back-centre pattern laid on the fold.

The mantle needs no trying on, except for shape and size of neck and length of mantle. When seamed and pressed, the garment is braided and the edge is tacked down (all but neck) over a band of muslin. The lining should be a soft silk so as not to spoil the flow. This is seamed up to be wide enough, and its edges are slipstitched to the turned and braided cloth edges.

The collar is lined with the cloth. There is plenty of waste for this in the half breadth used for the back centre. Of course, the remaining half width cannot be used. Professional dressmakers are turning out so many of these wraps, however, that they work one in with the other in fashionable shades. Anyhow, the loss is not great, the wrap only taking 4½ yards, including the waste.

A few hooks and eyes, the tails inserted between cloth and lining, close the wrap from neck to waist. The sleeve part is caught together (see the single notch), and the hand is passed through the loop thus made, to hold the flowing mantle on the arm when the arm is raised.

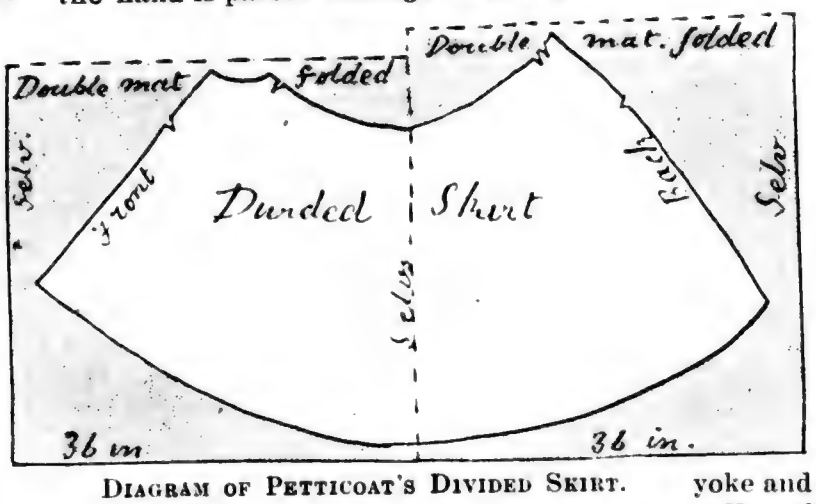


Diagram of Petticoat's Divided Skirt.

THE DIVIDED "EEL" PETTICOAT.

For Illustration see No. 7510, page 18.

'No woman or girl who dresses smartly should be without this garment in her wardrobe, because it is a necessary "under-dress" to the "eel" skirts and draped "princess-Empire" gowns which are supposed to fall very softly—as clinging and graceful as were the old Greek draperies. The ordinary befrilled petticoat cannot he used for the purpose, unless it is of the softest muslin and flimsy lace.

The great thing is to obtain a close fit to below the hip; hence this part is of white glacé, and should fit like a glove. This glacé part is arranged into a kimona yoke of lace insertion, and to the lower edge of the glacé part is secured the divided skirt of soft nainsook, decorated with an equally soft, wide flounce of lace.

The entire pattern is in seven pieces. The pattern of the lace yoke is in one piece: half the entire yoke. The pattern for glacé is in five pieces: one front, two side pieces, one back, the added box-pleat down right front. The pattern of divided skirt is in one piece: half the skirt.

The diagrams show (1) the divided skirt laid on two widths of nainsook, which are seamed together, and are doubled so that the pattern is cut in duplicate. The entire skirt takes 4¼ yards, 36-inch nainsook; (2) the five bodice pieces laid on 2¼ yards, 20-22-inch white glacé, which is opened out and doubled so that four of the pieces (of course the pleat should be cut in the single) are cut in duplicate. The duplicate of the box pleat and the waste serve to provide a false hem to the left front (to hold the buttons), and to supply bias bands for hemming armholes, top, &c.

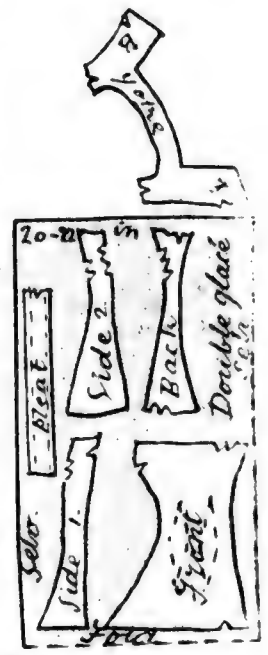


Diagram of Petticoat's Princess Top.

Seam together fronts, sides, and backs, according to the notches; cut the yoke in any lining, tack it to the glacé and try on. On the corrected yoke cut a pattern in stiff paper and on it arrange the lace in rows, meeting in V points at back where the yoke is seamed. Whip the rows of lace together. Seam and fell the glacé seams. Put on the pleat and false hems. Make the buttonholes. Join yoke to the glacé with a band of ribbon-threaded beading. Edge yoke and armholes with a little lace frill.

Hem the petticoat. Put on the lace frill. Hem the sides all the way up. Frill the top edge on to the glacé, beneath a band of ribbon-threaded beading according to the notches. Each leg of the skirt is caught together at the single notch, to induce the edges to turn between the legs.

For capital white glacé send to the Holborn Silk Market, Holborn Bars, E.C.

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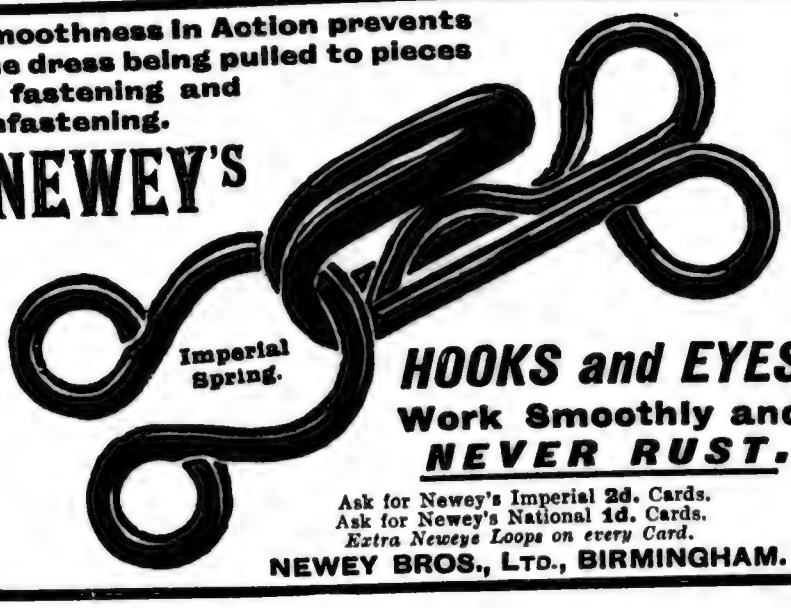

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HOW TO COOK POTATOES, OLD AND NEW.

IN many households potatoes are a constant source of domestic worry. The quantity consumed at table bears a very undesirable proportion to the quantity ordered from the greengrocer, or brought in from field or garden. The quality appears defective, and instead of enjoying a very useful and necessary item in the menu, everyone grumbles, including the poor housekeeper, who mourns over expenditure for which she has no return whatever.

Now, if potatoes are properly cooked, and if every scrap left over is used up, as it may be, in some other guise, at a future meal, there will be satisfaction all round. First of all, it is necessary to remember that no good cooking will make a naturally waxy potato into a mealy one; but on the other hand, the very best mealy, floury potato may, by bad cooking, be rendered sodden, clammy, and altogether undesirable. Yet both kinds may be made quite perfect if discretion be shown, and waxy potatoes used only for frying, &c., and never for either boiling or steaming.

To BOIL POTATOES properly, we must choose them as much of a size as possible, in each separate boiling, so that all have an equal chance of cooking well. They must, of course, be washed and brushed, and, if so preferred, peeled; but as the best flavour of potatoes is obtained when they are cooked in their skins, I prefer, personally, to have these removed after and not before boiling. In either case the process is the same. The water in the saucepan must not be salted, and cold, and the potatoes placed in it and then brought to boil, and kept boiling until they can be pierced easily with a skewer. The skewer should be thrust through the centre, and not merely at the side, where, naturally, cooking has softened the potato more quickly. As soon as the potatoes are so far cooked, the water must be poured away *at once;* and here is where the mistake comes in. People do not know, or else forget, that *all* mealiness comes after, and never will come during, the boiling process. A folded towel must be tucked neatly over the potatoes, the lid being removed, and the pan must be shaken well from time to time, and the potatoes will dry and be as floury as can possibly be desired by the time they are wanted for table. About twenty minutes (after the water boils) is generally enough time for cooking; but much depends upon the kind of potato used, and the best test is to use a skewer as above directed. The time for drying also depends upon the species of potato, and may be very easily calculated from observation by any cook of intelligence.

To STEAM POTATOES.—When space on the range or fireplace is limited, and also at times by preference, it is convenient to steam potatoes, they should be placed in a steamer with a tightly-fitting lid over a pan in which the water is kept boiling, and cooked till they stand the skewer test. Then the lid must be removed, the steamer lifted from the pan and balanced sideways on it, and a towel must be placed over the potatoes until they are sufficiently dried. Many cooks declare that "potatoes *won't* steam," meaning that they do not become mealy. The mistake made has probably been that after real cooking has been finished the steamer has been kept on the pan, the lid tightly shut, no steam allowed to escape, with the natural result of failure.

NEW POTATOES.—These are never peeled. They are washed, rubbed with a coarse cloth to remove the thin, filmy, outer skin, and they may be boiled or steamed in the usual way, except that they require less time. They are best boiled, and a sprig or two of mint in the water is a great improvement to their flavour. To serve them, put them in a hot dish, pour a little oiled butter over them, and sprinkle them with a little very finely-chopped parsley.

SOME WAYS OF USING UP COLD POTATOES.

While a careful manager always learns to gauge quantities with tolerable accuracy, there must often be occasions when potatoes are left over from meals, and both economy and ability are shown in using these to best advantage. I give one or two recipes which will form a pleasant variety from the only method known to the average cook, i.e., a rather greasy dish of so-called "fried potatoes."

A DEVONSHIRE RECIPE.—Mash cold potatoes up with a fork, put them in a saucepan with a little butter, pepper, and salt, and a very little boiling milk. Work them until they form a smooth purée, then put them into a well-buttered frying-pan, smooth them over with a knife, and fry, in a cake, on both sides. Serve, cut in squares, with bacon, for breakfast.

BAKED POTATO PUREE.—Put cold potatoes through a sieve, add a little butter and a well-beaten egg (one or more, according to the quantity of potato), place in a buttered baking-dish in the oven, and bake till the top is nicely crisped. Serve cut in squares like Yorkshire pudding. This is particularly nice if it is put under the meat, in the old-fashioned Yorkshire pudding way, to receive dripping, for a short while before being put into the oven.

IRISH POTATO CHIPS.—Melt ¼lb. butter, beat two eggs, and mix these together. Have half a dozen large cold potatoes and roll them out, adding a little flour. Mix well, and add the butter and eggs. Roll out, cut into rounds with a cutter dipped in flour, and bake on a griddle.

CREAM POTATOES.—Cut 1lb. of cold potatoes into very thin slices, put a teaspoonful of butter into a frying-pan, and, when it is hot, add a teaspoonful of flour; stir until smooth, but not brown. Add a cupful of cream or new milk very gradually, stirring and keeping hot all the time. Season the potatoes with salt and pepper, and pour them into the sauce in the frying-pan. When they are quite hot they are ready to serve, and should be sent to table without delay.

EGGS AND FRIED POTATOES FOR BREAKFAST.—Fry thick slices of cold potato until they are nicely browned. Place them in a hot dish, and upon each slice put a slice of hard-boiled egg. Sprinkle them with chopped parsley, and pour over all a little good white sauce. Remains of caper sauce, left from boiled mutton, may be used up for this dish with advantage.

The recipes given by no means exhaust the possibilities of cold potatoes. They are given chiefly as examples of what may be done. It is not to be forgotten that in vegetable soups, fish cakes, rissoles, scones, and various other ways, cold potatoes may be used, and it cannot be too firmly stated that under NO circumstances should they be thrown away.

LETITIA HOPE.

ANSWERS TO CORRESPONDENTS.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mrs. Hope will, in case of urgency, answer letters by post if six stamps and a stamped addressed envelope is enclosed for a reply. Otherwise the reply will appear in these columns.

AN ECONOMICAL GOOSEBERRY JELLY.—If you try this recipe you will be really delighted by the result. To each quart of berries, allow 1 pint of water; and to each pint of juice 1lb of sugar. Stew the gooseberries in the water in a jar, in the oven, until the fruit is quite broken. Then pour it through a sieve, taking care not to press the fruit, or the jelly will not be clear. Boil the strained juice with the sugar for twenty minutes. Then try a little on a plate. If it is a pretty pink colour and jellies at once, pour into jelly cups, previously rinsed in cold water and well dried and heated. The pulp left after the juice has been extracted, will make a very fair cooking jam, by adding 1lb of sugar to each pound of fruit; let it melt, and boil up once, then put into jars. I am afraid you will not see this answer till the August number. I would have written to you direct, as I am always ready to do for correspondents, if (as by our rule) a stamped and addressed envelope and 6d in postage stamps or postal order had been enclosed. There will still be some gooseberries I hope in August. So after all the recipe is not too late.—CHARITY AT HOME.

HONEYCOMB TIMBALE.—Boil, in salted water, large-sized macaroni. When cold cut it into pieces one quarter of an inch long, making rings. Butter a plain, dome-shaped quart mould and cover it with the rings. Make a source of ½oz of butter and about the same quantity of flour, ½ pint each of stock and milk, salt and pepper to taste. Mix with minced chicken or turkey and stir over the fire till the meat is heated. Remove from the range, add three beaten eggs, and turn into the lined mould and cover it with a greased paper. Place it in a pan of hot water and poach in a slow oven twenty minutes. Unmould on to a round dish, garnish with cress and a ring of sauled mushrooms.—TAGANZIKA.

FISH PUDDING.—Place in a piedish 1lb of cold cooked fish, broken into pieces, and freed from bones. Boil half a pint of milk, and add, off the fire, salt and cayenne to taste: a teaspoonful of Worcester sauce, and the same quantity of anchovy sauce, a grating of nutmeg, and 2 well beaten eggs. Pour over the fish, and bake till the custard has set. This is a very delicious dish.

"I find "Myra's a very useful journal, also very elegant."—S. B.

Descriptions of the Illustrations.

Beautiful Kimona Coat and Gibson Skirt.

No. 7491, **Page 3.** The smart, rounded front is cut in one with part of the coat sleeve, one back is cut with another part of the coat sleeve; there are on each side two side pieces well curved at waist. Lower edge and fronts are smartly braided. Braiding decorates the revers (cut with front centres) and Bonaparte collar, both being faced with striped satin-and-mirror velvet. The waistcoat (of velvet or satin) closes edge to edge with hooks and eyes, and is trimmed with metal buttons and false buttonholes of satin, like decoration on sleeve. Fronts are faced with satin. The new long seven-gore "eel" skirt, cut close and clinging to the knees. Wear over an "eel" foundation skirt (seven-gores). Beautiful model for *drap souple* in the new lily-leaf green. 52-inch material, 8 yards. For the cloth send to T. W. Thompson's, 163 to 168, Tottenham Court Road, W.

The New Cut-away Coat.

No. 7492, **Page 6.** This charming little model is a feature of the season's tailoring. It should match a skirt, or be in plain cloth over a plaid skirt, or should be carried out in very pale coating, as a separate late spring or early summer wrap. Front centres of coat (lapped seams) are finished with front sides. The back has lapped seams. There are two side pieces also on each side. Revers are cut with fronts. Face fronts with the material, interlined with canvas. There is a slipstitched facing of silk to revers. Neat little pocket, with flap, on the left. Coat closes with two buttons. Face collar to match the revers. The edge of coat is turned over a band of canvas, and is stitched down. Line coat with silk, cut on coat pattern, but seamed apart, slip-stitched to stitched coat edges and front facings. Two-piece sleeve with stitched wrist. 48-52-inch material, 2½ yards.

A Braided Blouse.

No. 7493, **Page 7.** A fitted bodice lining is cut with three-piece front, to close at back. Tack, fit, and seam the lining. Veil with pleated front and two backs of silk, headed with guipure. Lace hides the join of a three-piece lace yoke (with band collar), which hooks at back. Braid covers the junction of "Pinafore" and pleated silk. Into the armhole is arranged the new sleeve of the blouse material, finished with a braided cuff. The "Pinafore" part of the blouse should be of the skirt material. Exquisite model. 22-inch silk, 1¼ yards. 44-46-inch material, 1¾ yards.

A Smart House Blouse.

No. 7494, **Page 7.** To match a skirt. For linen, cashmere, silk, &c. Smart model. A tucked back and two tucked fronts. Tucks are wheelmarked on pattern. The open neck is filled in with a plastron of bias bands and lace, with band collar to match, made up to flat pattern. Close with Newey's hooks and bars. Edge neck with lace, and put a band of lace round the armhole to simulate a kimona effect. Ribbon tie to match belt. Puff sleeve on smaller lining, mounted with lapped seam so as to avoid a "rise" at the shoulder. Cuff to match vest. 36-inch fabric, 3¾ yards. For the linen send to Robinson and Cleavers, 40B, Donegall Place, Belfast.

Charming Kimona Blouse.

No. 7495, **Page 7.** Kimona should be of the skirt material. Lovely model for the new *drap souple* in the new lily leaf green. Cut a low-necked blouse of white silk with a three-piece front. Fill in neck with three-piece yoke of white lace. Band collar of lace, supported with fine white Featherbone. Beneath the yoke is mounted a full front and two full backs of white chiffon. Sleeve of the chiffon—a double frill, edged with a ruche—mounted into the armhole. One-piece kimona over-blouse, made of the cloth, decorated and laced with velvet ribbon. Belt of broad ribbon to match, supported on Featherbone. 52-inch cloth required, 1 yard; 45-inch chiffon, 2 yards. For lovely *draps souples*, send to Thompson's, 163 to 168, Tottenham Court Road, W.

Beautiful Afternoon Blouse.

No. 7496, **Page 7.** Kimona Blouse, crossed back and front, each half cut in one piece, closing with hooks and worked loops, the top gathered into a filet lace. Small lace-edged vest. This can be worn over any muslin or lawn blouse. Or it is mounted on an under-bodice of silk with three-piece front, closing at back, the top veiled with fine lace, back and front, with vest of chiffon or muslin. Band collar of filet lace, hooking at back. Into the armhole of the under-bodice is mounted the draped puff sleeve (on a smaller silk lining), with lace frill. 25-inch Shantung required, 4 yards; Kimona part should match skirt. For the Shantung (only 1s. 11½d. the yard) send to the Holborn Silk Market, Holborn Bars, E.C.

Simple but Elegant Tailor Gown.

No. 7497. **Page 9.** Good model for Admiralty Serge. Front centres of coat (lapped seams) are finished with front sides. The back has lapped seams developing into pleats. There are two side pieces also on each side. A most becoming and smart coat. Revers are cut with fronts. Face fronts with the material. A row of braid edges coat, revers, collar, and simulates a cuff. Face collar to match. Smart pocket flap edged with braid. Line coat with silk, cut on coat pattern but seamed apart, slipstitched to stitched coat edges and front facings. Two-piece sleeve decorated with two rows of braid. Long skirt, in seven gores, decorated with a row of braid, the hem felled invisibly from the back (the French hem) lined with lino. Wear over an "eel" foundation skirt. 48-52-inch material, 7 yards. For the Admiralty Serge send to the Leigh Mills Co., Limited, Bradford.

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M. TEXALEINE CO., 33, Chancery Lane, London, W.C.

A Beautiful Trottoir Gown of Striped Tweed.

No. 7498, Page 9. Pleated umbrella skirt (three pieces) with narrow front panel. Umbrella sides are cut on cross, front panel with stripes running straight down centre of breadth. Pleats, secured inside, are wheelmarked on pattern. Wear over a separate foundation skirt. Very dainty little coat to match—a back, four sides, two two-piece fronts, an added basque, a velvet collar. Waistcoat fronts of embroidered white cloth, closing edge to edge with hooks and eyes, the tails inserted between cloth and lining. The basque is seamed at back, and is cut on cross. Belt of velvet. The handsome collar is faced with velvet, and velvet bias bands pipe the front and back seams. Velvet buttons. One-piece sleeve with cuff faced with the velvet. Under cuff of the striped material or embroidered cloth. Line with white glacé, seamed apart. 52-inch material, 7 yards. For the tweed send to Robinson and Cleaver, 40B, Donegall Place, Belfast.

A Seven-gore Skirt and Smart Kimona Coat.

No. 7499, Page 10, above. The skirt is fitted and clinging very full at the feet. The opening is at the tablier left seam. The skirt has the French hem (felled invisibly from the back), lined with lino. Wear over a fitted "eel" silk foundation skirt. Beautiful Kimona coat. Two fitted rounded fronts and one back. There are two side pieces on each side. Smart Kimona sleeve, inserted under a folded pleat. Edge is turned over a band of lino and is very prettily braided (black silk braid). Coat closes edge to edge, over a fly lap, with tailor hooks and eyes; the tails hidden beneath the lining. The coat is lined with silk, cut on coat pattern but seamed apart, slipstitched to the turned coat edges. The collar and cuff are faced with rich black silk. Coat is short waisted, especially at back. Very original model. 48-52-inch cloth, 7 yards.

Matron's Tailor Coat and Skirt.

No. 7500, Page 12. Four-gore umbrella skirt, with lapped seam in front, of Admiralty Serge, fitted above, fluted below the knees. Wear over a five-gore foundation skirt, the edge tucked to flat pattern. Close in back seam. Smart new redingote—one back, two single breasted fronts (cut away at waist), two sides of fronts, four sides. The fronts are faced with the serge, edged with black military braid. Braid decorates seams, back and front, and edges coat. Coat closes edge to edge with tailor hooks and eyes. Black silk buttons and false buttonholes of braid. The back seams develop into pleats. Braid trims the facing of cuffs in the front style. Line coat with glacé, cut on coat pattern, but seamed apart, the edges slipstitched to coat edges and front facings. The two-piece sleeve, mounted on a similar lining, is finished with the deep cuff. 48-52-inch serge, 8 yards. For the beautiful Admiralty Serges, send to the Leigh Mills, Co., Bradford.

Matron's Morning Blouse.

No. 7501, Page 12. To be made of the skirt material. A tucked front and two tucked backs (tucks wheelmarked on pattern). Arrange into an added basque. Close with buttons and buttonholes (made in underfold of right back). Neck is open, filled in with a chemisette of lace, the edge decorated with braid. Belt of draped velvet. One-piece sleeve on a smaller lining, arranged into a lower sleeve of lace beneath scrolls of braid. Very smart model. 48-inch material, 2 yards.

Matron's Spring Mantle.

No. 7502, Page 12. A very smart model. The foundation is a sort of bolero to waist of silk lining. On this is mounted two lace fronts and a lace back panel. The rest consists of two kimona fronts-and-backs (each front and back cut in one) of rich black silk, scalloped and embroidered, and edged with a little silk frill. The two kimona cape sleeves are decorated in the same way, held with smart buttons to the lining. The mantle is finished with two sash ends, embroidered at the edge. 22-inch black silk, 6 yards.

Matron's Afternoon Blouse.

No. 7503, Page 12. Cut a fitted bodice lining with three-piece front, to close on left. Veil back and front with cream lace chemisette (with band collar draped to flat pattern on cased Featherbone). Tack, fit, seam, leaving only side and shoulder seams. Drape with two kimona fronts and backs of silk or woollen material, richly pleated (pleats wheelmarked on pattern). Belt of velvet. Added kimona sleeve of filet lace. Puff sleeve, on smaller lining, is arranged into lining armhole. Lace lower sleeve. Double-width material, 2 yards. Lace revers collar.

A New Picture Hat.

No. 7504, Page 14. Of navy chip straw, with new "dome" crown, the brim lined white chip. Smart plume and roses as trimming.

New "Dome" Hat.

No. 7505, Page 15. The high rounded dome crown of black chip, the new brim lined white chip. White ostrich feathers.

The New "Wreath" Trimming.

No. 7506, Page 15. Smart hat of Crinoline straw, with large wreath of foliage and flowers on brim.

Elegant Afternoon Gown with Pleated "Gibson" Skirt.

No. 7507, Page 15. For outdoor or indoor wear. Beautiful model for *drap souple*, satin, or any of the new silk-and-wool summer materials. Cut an "eel" long foundation skirt in nine gores of silk or moirette. Edge the skirt with a little frill of the skirt material. On this mount the seven-gore pleated skirt of fine soft cloth (as light as cashmere). Pleats are wheelmarked on the pattern. Secure the pleats inside to the knees, seeing that they fall close to the figure as far as they are secured. This is hemmed invisibly from the back (the French hem). The opening is among the pleats at the back. The edge, supported with lino, covered with thin silk, is beautifully braided—very fine silk braid. Very smart model. Elegant kimona blouse to match, closing on the left of the centre panel. A fitted silk bodice lining with three-piece front is cut. Tack, fit, and seam the lining. Veil lining front and back with tucked satin and a lace yoke-piece with a band collar (hooking at back with Newey's Imperial Spring Hooks and worked loops). Support the lace collar with fine white-cased Featherbone (send for samples to Weeks and Co., Department M.J., 5, Wells Street, Oxford Street, W.). Handsome kimona of the cloth, richly pleated (pleats wheel-

No. 7536.—Panelled Skirt and Kimona Coat.

For Descriptions see Pages 33 to 36.

Price of Paper Pattern, Skirt, 1s. 0½d.; Coat, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

I GET SO OUT OF BREATH, I feel so weak my lips are bloodless, I am pale, I am depressed and weary. BUT—I AM ABOUT TO CHANGE ALL THIS; I am about to send 1s. 2d. to the Jelloid Co., Room 86D, 76, Finsbury Pavement, London, E.C., for a box of IRON JELLOIDS, No. 2. I know they are pleasant to take. I know a doctor says, "They are everything that can be desired." You should do the same, or send for a free sample.

"The Princess Dress Pattern was a splendid fit."—J. I.

marked on pattern), finished with the revers collar of braided cloth, which is edged with ball fringe. The lowest pleat is braided. Into the lining armhole is arranged the original two-piece sleeve of the cloth, pleated upon a smaller lining, decorated with lace. Draped satin belt. 52-inch cloth, 8 yards. For the cloth send to T. W. Thompson and Co., 163 to 168, Tottenham Court Road, W.

A Beautiful Burnous in the New Red Cloth.

No. 7508, **Page 16.** The burnous of the sixties is revived in full force, but it is no longer round, as back and fronts are much longer than sides, forming graceful coquillé folds. A shawl can be cut like this. It looks best in soft cloth. Our model is lined with white satin, slip-stitched over the braided edge, which is turned over a band of lino. Brading forms shoulder straps, ending in elegant *motifs*. The silk braid is black and white. 54-inch cloth, 4 yards. For the cloth (*drap souple*) send to T. W. Thompson's, 163 to 168, Tottenham Court Road, W.

Gown with New Gibson Skirt and Smart Little Kimona Coat.

No. 7509, **Page 17.** Good model for cloth. Seven-gore "Gibson" skirt, long, very slender to knees, flowing at feet. Hem invisibly from back (French hem). Wear over five-gore "eel" foundation skirt of silk or moriette. Lovely coat. Two fronts, four sides, one back. Front and back are each cut with part of the tailor coat sleeve. The coat is finished with an undersleeve and two side pieces. The seams of this kimona down shoulder and sleeve are lapped. Pretty little pocket with flap. Waistcoat fronts neatly fitted, of chequered "Newmarket" material. Face fronts with rich silk to match. Same silk faces collar. Decorate fronts with two buttons and false buttonholes. Cuff faced with silk. Line with silk matching waistcoat ground, cut on coat pattern, but seamed apart. 52-inch cloth, 6 yards. For the cloth, send to T. W. Thompson, 163 to 168, Tottenham Court Road, W.

For Description of No. 7510, see page 30.

No. 7537.—Girl's Linen Blouse, with Embroidered Collar and Cuffs.

For Description see Pages 33 to 36.

Price of Paper Pattern, 6½d., post free; and price of Transfers for Embroidery (full-size, collar and two cuffs), price 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

A Pretty Cache Corset.

No. 7511, **Page 18.** A back and two fronts arranged (beneath ribbon-threaded beading) into a yoke made up to flat pattern with lace insertion and tucked nainsook. Added box-pleat holds the buttonholes. Added basque. Lace edging finishes neck and armholes. 36-inch nainsook, 1½ yards. For the nainsook, send to Mr. Christopher Williamson, Department 10, 91, Edgware Road, W.

A Beautiful Kimona Dressing Gown.

No. 7512, **Page 18.** For this model a double-width material is required to avoid unsightly seams across the sleeves. It makes up very well in cashmere. The pattern is in six pieces: half the kimona back and half the sleeve (cut in one), one front and half the sleeve (cut in one), one side piece, one under sleeve, one cuff, half the collar. Lay the pattern pieces on 7¾ yards 46-inch cashmere, which is opened out, and is double, so that each piece is cut in duplicate. The lower edge is hemmed. When cut, tack the side piece to front and back, making single and double notches coincide with each other. Then tack in the under sleeve (triple and quadruple notches coinciding). Then join together the two backs, tack shoulder seam, and try on. The fit must be very easy. The gown, so far, is very quickly made. But now comes the fine braiding of neck, sleeve, and edges, which adds to the smartness of the gown, and throws up the velvet bias band. The braided parts should be lined with silk. The gown closes with buttons and worked loops. Strips of the material or silk must face the fronts. Many ladies prefer the gown lined throughout. If the lining is silk, front strips of the gown material can be dispensed with, an interlining of muslin supporting the velvet and the buttons, hidden by the silk lining. Ribbon girdle.

Empire Chemise.

No. 7513, **Page 18.** To match No. 7511. A back and front arranged into a yoke made up to pattern with tucked nainsook and lace insertion.

"Ososilkie" Lustre Yarn

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CLASS A.

Any piece of Art Embroidery, Broderie Anglaise, Drawn Thread Work, or Hardanger Work, worked entirely with "Ososilkie Brightest Lustre Yarn."

1st Prize, £12 12s.; 2nd Prize, £6 6s.; 3rd Prize, £4 4s.; 4th Prize, £2 2s.; 6 extra Prizes of 1 Guinea each; 6 extra Prizes of Half Guinea each; 25 extra Prizes of 7s. 6d. each; 24 extra Prizes of 5s. each.

CLASS B.

Any piece of Crochet, Knitting, Teneriffe Lace Work, Feather Stitching, or Smocking, worked entirely with "Ososilkie Brightest Lustre Yarn."

1st Prize, £12 12s.; 2nd Prize, £6 6s.; 3rd Prize, £4 4s.; 4th Prize, £2 2s.; 6 extra Prizes of 1 Guinea each; 6 extra Prizes of Half Guinea each; 25 extra Prizes of 7s. 6d. each; 24 extra Prizes of 5s. each.

RULES OF THE COMPETITION.

Rule 1.—All work must be sent in to address at foot between July 10th and 20th, 1908. A stamped postcard, fully addressed, to be enclosed, so that acknowledgment may be sent on receipt of parcel. Each piece of work must have securely attached a label giving sender's name and address, and must be carriage paid. The class in which the work is to compete must be marked on outside of parcel. We cannot accept any liability for loss or damage in transit.

Rule 2.—All work will be returned (except First Prize-winners', which become our property). 6d. must be enclosed to cover cost of return carriage. Competitors wishing work sent back in boxes should enclose 4d. extra.

Rule 3.—It is imperative that only "Ososilkie Lustre Yarn" be used. All bands or tickets off yarn must be enclosed with work, also Billhead of shop where purchased.

Rule 4.—The judging will be performed by experts, and their verdicts final. Result of Competition will be advertised in *Daily Mirror*, July 27th, 1908, on which date and four following days the work of the 130 Successful Competitors will be exhibited in windows and Haberdashery Department of W. Whiteley, Ltd., Westbourne Grove, London. This firm holds a large stock of "Ososilkie."

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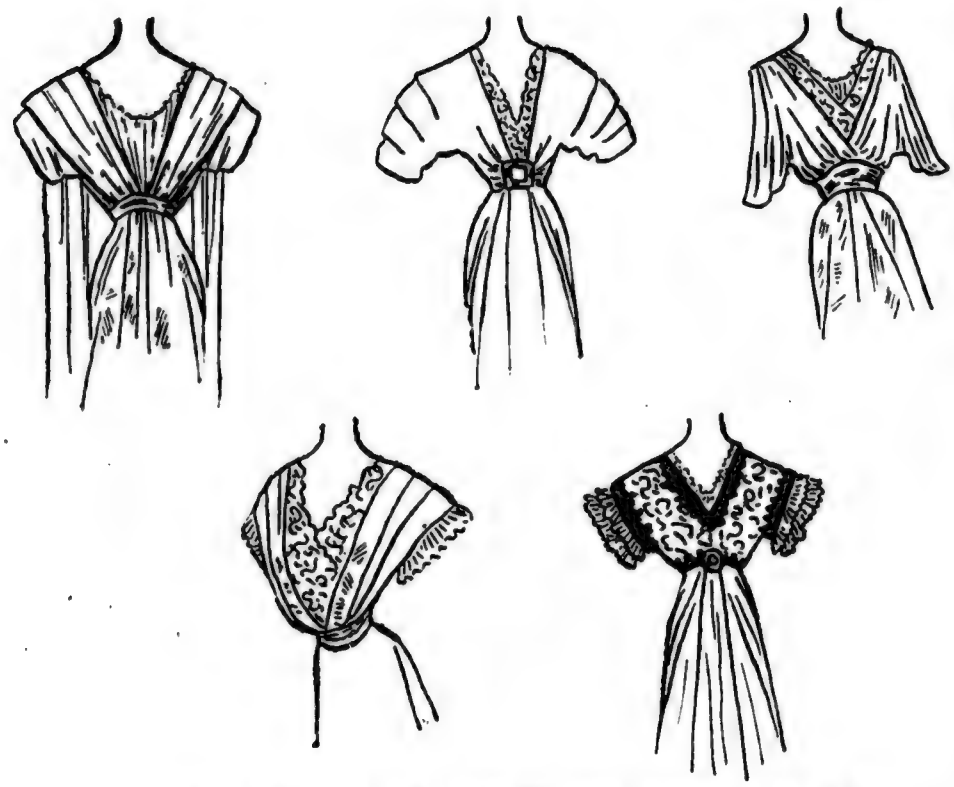


Back Views of Nos. 7529 to 7534 (Pages 24 and 25).

A row of lace edging trims the armhole and neck all round, the neck being drawn up by a band of beading, threaded with a ribbon. 36-inch nainsook, 3½ yards.

French Drawers of Nainsook.

No. 7514, **Page 18.** To match Nos. 7511 and 7513. Two-piece drawers, cut low to button on corset edge. The frill is tucked and trimmed with lace, mounted beneath ribbon-threaded beading. 36-inch nainsook, 4 yards.

Empire Nightdress.

No. 7515, **Page 18.** To match Nos. 7511, 7513, and 7514. A back and front, eked out with added corners (seamed up the selvedges), the back gathered into a lined yoke; the yoke front is made up to the flat pattern with lace insertion and tucked nainsook. The front is slit for an opening, the edges protected by stitched bands, closing with buttonholes. Lace edging finishes the neck, which is drawn up with a narrow ribbon, threaded through beading. One-piece sleeve, finished with a lace-trimmed frill. 36-inch nainsook, 7 yards. For nainsook send to Christopher Williamson, Department 10, 91, Edgware Road, W.

A Nainsook Petticoat.

No. 7516, **Page 18.** In five gores. The flounce, trimmed with lace, is mounted beneath ribbon-threaded beading. 36-inch material required, 9 yards.

Girl's Empire Kimona Coat.

No. 7517, **Page 19.** A one-piece double-breasted Empire bodice (cut in one with bell sleeve), one little side piece, and a two-piece shaped skirt. Close with one button and buttonhole. Embroider neck and sleeve and decorate with tassels. Charming model. Line with silk. For a girl of six, 46-inch cashmere, 2½ yards.

Girl's Blouse Frock.

No. 7518, **Page 19.** A box-pleated front and two backs of serge or linen, closing at back. Material is gauged at waist to fit. Tuck skirt edge to flat pattern. Yoke of broderie anglaise. Quickly made model. One-piece sleeve with wristband. Detachable collar and cuffs of white hemstitched lawn edged with lace. Pleated silk tie. 46-inch material for a girl of four, 2 yards. For serge or linen send to Lewis's, Market Street, Manchester.

Girl's School Skirt and Coat.

No. 7519, **Page 19.** Two-piece umbrella skirt of Admiralty Serge, with seam back and front, unlined. Smart Norfolk coat, back and fronts pleated to fit. Stitched belt ends on front pleats. Face collar and fronts with the serge. Line with silk. Two-piece coat sleeve with tailor cuff. 48-52-inch serge, 5 yards. For the serge send to the Leigh Mills Company, Bradford.

Boy's Tunic.

No. 7520, **Page 19.** Capital model for Admiralty Serge. Pattern is cut for a boy of two years. Smart pleated tunic (pleats wheelmarked on pattern). It is double-breasted, closing on right, with two rows of bone buttons. White linen sailor collar, braided. White leather belt. One-piece sleeve with braided white cuff. 48-52-inch serge, 2 yards. For the serge send to the Leigh Mills Company, Bradford.

Girl's Spring Coat.

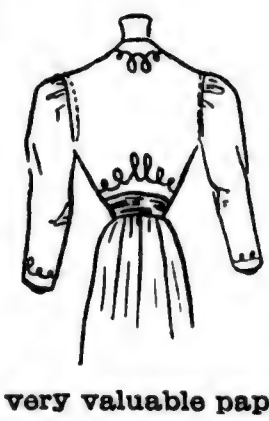
No. 7521, **Page 19.** The pattern, cut for a girl of six, is in six pieces: half the back, one double-breasted front, one sleeve, half the collar, one cuff, one sleeve lining. Lay the pattern pieces on 2 yards 48-inch cashmere, which is doubled (selvedges meeting), the centre of back pattern laid along the fold so that it is cut in one piece, the other pieces being cut in duplicate. Tack together back and fronts and try on. Stitch seams. Interline fronts with lino, and turn up the edge all round (except neck) over an inch band of lino; stitch down. Cut a silk lining on coat pattern, seam and press it, tack it in place, and fell lining edges over the stitched edges. Close with buttons and buttonholes. One-piece collar of white cloth, embroidered and edged with lace, lined silk. The sleeve is seamed, and has a smaller lining of the silk, which is seamed apart. Arrange the sleeve into into the embroidered cuff, which is stiffened and lined. The sleeve is arranged into the coat on the wearer. The seam is stitched, and the lining of the coat at armhole is felled over the seam.

Girl's Reefer Costume.

No. 7522, **Page 19.** Pleated skirt unlined and little sacque coat of Admiralty Serge. Pleats are wheelmarked on skirt pattern. Coat has back and two fronts, the fronts slit for pockets. Sailor collar of braided white serge. Two-piece sleeve. Line coat with silk. 48-52-inch serge for a girl of four, 2 yards.

A Lovely Tea-Gown.

No. 7523, **Page 20.** New draped Empire style, of soft material, very full at the feet. The skirt, in seven gores, is pleated (pleats wheelmarked, tablier higher than sides and backs). Skirt, trimmed with velvet bands, is on a fitted silk bodice lining (front centre, six sides, two backs), which also supports the draped lace kimona. The silk is veiled with the skirt material. Model closes on left of centre front panel. Quite new and very elegant model. The lace band yoke, back and front, is arranged on the fitted lining. It holds a back and front panel of lace. The kimona is in two pieces, made out of wide flouncing, draped with velvet ribbon. The velvet belt is arranged on the gown, decorated with rich buttons. Velvet ribbon forms tasselled ends. Sleeve is two wide flounces of lace. Good model for æolienne in a shrimp pink shade, the velvet being a deep green, or a deeper old-rose pink. 48-52-inch cloth, 8 yards. For the æolienne, send to T. W. Thompson, 163 to 168, Tottenham Court Road, W.

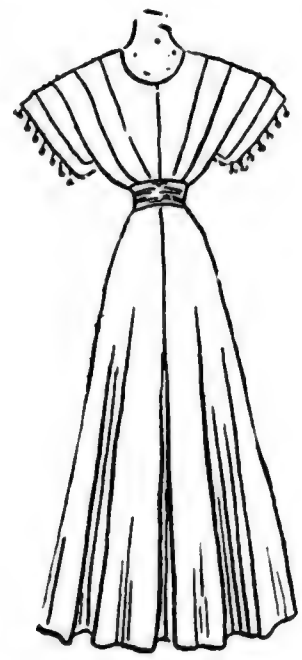


The New Empire Tea Gown with the New "Mantilla" Pélerine.

No. 7524, **Page 21.** Suitable for a tea or theatre gown, or for a very smart afternoon gown for receptions, weddings, &c. Would make a lovely bridal dress. Can be made of Oriental satin, Charmeuse silk, *velours mousseline*, very fine supple cloth, or any of the new silk-and-wool fabrics. Looks lovely in white or a delicate shade of leaf-green or shrimp pink. It is very handsome in one of the new subdued cerise shades. Six-gore skirt, the back forming a narrow box-pleat, which is lifted up to the bodice, and thus forms the soft drapery folds at the sides. Skirt is unlined, the hem felled invisibly from the back over a band of lino, and protected by a silk or lace frill. Dress should be very soft and clinging, and looks best worn over the new Empire divided petticoat (No. 7510), though of course any eel foundation skirt of soft satin, silk, or muslin-and-lace can be used. Cut a low-necked Empire bodice lining (almost natural length in front but much shorter at back) with three-piece front, to close on left of centre panel. Tack, fit, bone, leaving only side and shoulder seams. Fill in with a three-piece yoke (with band collar) of Limerick lace or point *d'esprit* net. Folds of the lace are draped across the fronts. The skirt material forms a draped back and two crossed fronts, the left front hooking under the arm. Finish the seams. The drapery of the back is smartly held by a large buckle. The skirt back hooks to the bodice so that it keeps its place. Ruffled elbow sleeve of the skirt material. Lovely "mantilla" pélerine of the lace, cut in two pieces (seamed at back) with very original collar. The lace (or net) is scalloped and worked at the edge, or can be edged with lace insertion. Tassels of silk tip the peplum points. Exquisite model. 44-inch satin, 8 yards; 27-inch lace, 3 yards.

Summer Coat and Skirt of Navy Alpaca.

No. 7525, **Page 22.** Seven-gore skirt, cut very full below knees. The edge is hemmed over a band of lino. Trim with six rows of navy-and-gold braid. Beautiful summer coat. Two fronts, a back, two sides. Back and fronts are cut with very long shoulder which is stitched on the one-piece bell sleeve. Edge with the braid (three rows). Very smart model. Collar of white glacé, and turnover of glacé to the sleeve. Gold buttons. Line with white glacé, cut on coat pattern but seamed apart. Coat closes with a single button at neck. 46-inch alpaca, 7 yards.



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All-Wool Tweeds. The latest fashion, grey grounds, with electric and green stripes in 4 ways, 40/42in. wide, 1/6¾ per yard.

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All-Wool Striped and Check Materials for Spring wear in 7 ways, in black and white and grey and white, 42in. and 43in., 1/11½ per yard.

All-Wool Tweeds in 5 new shades of greens with a very effective stripe, 44in. wide, 1/11½ per yard.

Striped Covert Coatings, very smart for Spring Wear, in green, brown, electric, and grey, 44in. wide, 2/3½ per yard.

All-Wool Fancy Checks for early Spring wear, 40in. wide, in green and white, grey and white, brown and white, navy and white, and black and white, only 1/0¾ per yard.

All-Wool Striped Delaines for blouses and dresses, white grounds with electric blue, grey, nil, mauve, green, navy and black stripe, 40in. wide, 1/3½ per yard.

The New Ticking Stripe material in grey and white, in 3 ways, 40in. wide, 10¾d. per yard.

Black and White Shepherds' Plaids, all Wool, in all size checks, 40in., 9¾d.; 40in., 1/0¾; 40in., 1/2¾; 42in., 1/7¾; 45in., 1/11½; 46in., 2/3½; and 52in., 1/11½.

Black and Grey Striped Coatings, all Wool and shrunk, 42in. wide, in 3 ways, 2/3½ per yard.

Wool Taffeta Cloths in Light and Dark Navy, with white stripe, in 4 ways, 43in. wide, 2/3½ per yard.

All-Wool Self Striped Voiles, quite new, 40in. wide, in Reseda, grey, champagne, blue, helio, vieux rose, electric brown, wine, myrtle, navy and black, only 1/7¾ per yard.

Striped Sicilians, very effective and good wearing, 42in. wide, in greens, helio, brown, tan, red, light and dark navy, and black, 1/11½ per yard.

All-Wool Tweeds for Spring wear in beautiful tints of Electric green, helio, fawn, vieux rose, browns, navy, red, and 3 shades of grey, 40in. wide, 1/2¾ per yard.

Chevron Coatings for Spring wear in Navy and White and Black and white, in 4 ways, 42in. wide, 1/11½ per yard.

All-Wool Chevron Coatings, beautiful quality, 40in. wide, 1/7¾ per yard.

All-Wool Delaine Cloths. The Ideal for Spring Blouses, 42in. wide, in sky, pink, reseda, myrtle, mauve, red, helio. biscuit, nil, grey, champagne, brown, tan, navy and indigo, cream and black, 1/4¾ per yard.

All-Wool Figured Delaines in Choice Designs, 30 and 31in. wide, 8¾d., 10¾d., 1/0¾, 1/2¾, 1/3½, 1/4¾, and 1/6¾ per yard.

All-Wool Cream and Navy Serge Coatings, thoroughly shrunk, 40in., 1/2¾; 42in., 1/7¾; 44in., 1/11½; 44in., 2/3½; 45in., 2/6½; and 46in., 2/11½ per yard.

Cream Motor Serge, 50in. wide, 1/11½, and All-Wool and Shrunk, 2/6½ and 2/11½ per yard; special value.

Plain Costume Cloth, warranted not to spot, 42in. wide, Greens, browns, greys, navy, purple, helio, and black, 1/0¾ per yard.

All-Wool Costume Cloth, 42in. wide, and will not spot, 1/7¾ per yard.

All-Wool French Venetian Cloths, 44in. wide, in all colours of green, brown, helio, purple, greys, fawn, tan, navy and black, and will not spot, 1/11½, 2/3½, and 2/6½ per yard.

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Braided Empire Pelisse of Soft White Serge.

No. 7526, **Page 22.** A lovely model for day or evening wear. The skirt is not lined, white taffetas lining bodice and sleeve. A collar is simulated with close braiding—fine white braid (silk) touched up with gold or green—which runs down the back to a point at the belt, to hide the central seam. The belt is closely braided. The full skirt, forming a point back and front, is in four gores, gathered into the Empire braided belt. This belt also holds the kimona top—front, half of back, and greater part of the sleeve in one piece. There is an added little side piece and a large under sleeve. Waistcoat fronts (hooking edge to edge) of white silk veiled with lace. Band collar to match. The edge of skirt is hemmed. The edges of sleeve and braided neck are turned over a band of lino, the silk lining, seamed apart, being slipstitched to the turned edges. The lining hangs a little below the belt, and its free edge is hemmed. 48-inch serge required, 6 yards. For the serge, send to Lewis's, Market Street, Manchester.

Spring Frock for Striped Taffetas, etc

No. 7527, **Page 23.** Five-gore "eel" foundation skir of glacé, edged with a pleated frill, over which hangs the skirt of the striped silk, cut in nine gores, edge hemmed over a band of lino. Top fits the figure, the lower part being very full. In cutting see that stripes run straight down centre of gores, to meet in V points at gored sides. The hem can be stitched or felled. A fitted bodice lining is cut with three-piece front, to close on left of centre panel. Tack, fit, and seam the lining, leaving only side and shoulder seams. Draped folded vest (back and front) of full chiffon, (with band collar) closing on left shoulder. Finish seams. Support collar (draped to flat pattern) on Featherbone. Two-piece waistcoat of white cloth, closing on left shoulder. On this fitted lining is draped the kimona folds of striped silk, the lowest one being cut with the short kimona sleeve. Decorate with metal-and-silk braid (very fine). Into the armhole is arranged the novel sleeve of the silk, pleated on a smaller lining. Draped satin belt. 22-inch material, 14 yards. For the taffetas, send to the Holborn Silk Market, Holborn Bars, E.C.

Striped Tweed Tailor Gown with Belted Coat.

No. 7528, **Page 23.** Front centres (full length) of coat (lapped seams) are finished with short, pleated front sides. The full length back has lapped seams developing into pleats. There are two short sides also on each side. Added basque (two pieces) between lapped seams. A most becoming and smart coat for cloth, serge, coating, tweed, &c. Revers are cut with fronts. Face fronts with the material, adding slipstitched revers facings of velvet. Face collar to match. Line coat with silk, cut on coat pattern but seamed apart, slipstitched to stitched coat edges and front facings. Coat closes to waist with velvet buttons. A belt hides seam joining coat and basque at waist, held with velvet buttons. Two-piece sleeve decorated with velvet cuff. Seven-gore skirt, cut so that stripes run straight down gore centres, with felled hem lined with lino. Wear over a foundation skirt. 48 52 inch material, 7 yards. For the tweed send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

Lovely Artistic Empire Gown.

No. 7529, **Page 24.** Original and graceful model for æolienne or any transparent material. Skirt cut in seven gores, slightly full above, very flowing below the knees. The lower edge is hemmed with velvet and is embroidered with velvet appliqués. Wear over a very well-fitted "eel" foundation skirt, tight to the knees, very flowing below, the edge tucked to flat pattern, made of satin. Cut a lining in satin—three-piece front, four sides, two backs, to close in front. Tack, fit, bone. On it mount a quilling of skirt material, forming a plastron back and front, drawn up with a runner. Finish seams. Over the whole bodice, finished all but fastenings, mount the two-piece kimona, which has a graceful sleeve hemmed with velvet Fronts are crossed, hemmed with velvet like backs. Over this is a lovely two-piece scarf of the transparent fabric, hemmed with velvet, mounted on the back and shoulders of the bodice, the long front ends falling free, tipped with silk tassels. Double width æolienne, 8 yards. Velvet belt draped on bones.

Beautiful Dinner Gown of Louis Chiffon Vel Duvet.

No. 7530, **Page 24.** The pattern of the graceful "Gibson" skirt is in four pieces—one back, two sides, half the front. The breadths are beautifully shaped. Lay the pattern pieces on 9 yards 24-inch material, which is single, as it is unwise to cut velvets and velveteens in the double. See that the pile feels rough if smoothed *downwards*. The fabric is folded over (selvedges meeting) for the tablier, the front centre of which is laid along the fold. The duplicate back and two sides should be

No. 7538.—Smart Tucked Kimona Blouse.

For description see pages 33 to 36.

Price of Paper Pattern, Tucked Kimona or Under-Blouse, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

marked out on the single material. Each back being too wide for the material, added corners have to be seamed on up the selvedges. In seaming these corners see that the pile is not *reversed*, or the effect is disastrous. Leave enough material at edge of breadths for hem and for the two tucks (tucked to flat pattern). These tucks weight and improve the skirt, but can, of course, be omitted. Tack the gores together according to the notches, leaving the opening in the back seam. The right turning of this opening should be herringboned down over lino (take care not to pass the stitches through to the pile) and closed with a few patent hooks and worked loops over an unlined velveteen fly lap seamed to the left opening. The top is arranged into a ribbon fitting the waist. The fit should be very smooth, but not tight enough to wrinkle. Make the tucks. Turn up the lower edge over a shaped band of lino, and fell the hem behind top tucks. If there are no tucks, hem invisibly (the French hem) at the back. Cover the hem with a pleating of silk matching the Chiffon Vel Duvet. Wear over a very neat fitting "eel" silk foundation skirt. Charming draped bodice. A fitted silk bodice lining with three-piece front is cut, to close at back. Sides are cut with small kimona sleeve. Tack, fit, seam, and bone the lining, leaving only side and shoulder seams. Veil bare neck, front and back, with a piece of lace flouncing, pleated at the corners. If the lace is *good*, do not cut corners, but tuck in fold a wedge of the palest pink satin (it looks just like the skin thus veiled). Beautifully draped front and backs of the Vel Duvet. Finish seams. Into the lining armhole is arranged the pleated Chiffon Vel Duvet sleeve (on a small lining). Lace sleeve frills. 24-inch material for bodice, 3½ yards.

For Description of New "Swing Back" Kimona Wrap, No. 7531, see Page 30.

Evening Gown with Kimona Overblouse.

No. 7532, **Page 25.** This can be made in satin, pastel, cloth, velveteen, dyed shantung or any silk. It is a capital design, as it could be worn with high or low-necked under-blouse. Very elegant model. 7-gore skirt, cut very circular, so that it falls in rich flutes. It is unlined, hemmed invisibly from the back (French hem). Wear over a well-fitted 7-gore foundation skirt. Beautiful blouse. Cut an ordinary fitted lining to close down back. Decorate front with lace flounces, the backs with gathered lace. Draped berthe of white chiffon. One-piece lace sleeve beautifully draped. Over this bodice is worn the four-piece kimona of the skirt material, the sleeve being a very original one. Material is pleated on the shoulder held by a lined strap or tab and with rich buttons. Draped belt. If satin or silk is used, belt should be of the same. 52-inch pastel cloth, 5 yards.

Exquisite Satin Evening Gown.

No 7533, **Page 25.** I recommend rich satin or silk for this gown, or velvet—or some fabric of substance in texture and sheen in surface. The severely simple but exquisitely cut skirt is in six gores, the one-piece back arranged into a graceful box-pleat. Skirt closes beneath back pleat, where is the pocket. Turn the lower edge over a band of lino and fell invisibly from the back (French hem.) Wear over a silk "eel" foundation skirt. Beautiful bodice. Cut an ordinary silk fitted lining to close down front centre. Decorate with vest of lace and back of lace and silk gauze, the back pleated. The neck is very low, partly covered with the transparent lace flounce (arrange any necessary pleats like No. 7530). Lace sleeve frill. Over this bodice is mounted the four-piece satin kimona, finished with pleated fichu draperies (passing over shoulder, the pleats wheelmarked on pattern) of the satin. Belt of the satin, stiffened with silk-faced canvas and white-cased Featherbone. Rich buttons. The kimona could be made as a separate overblouse, arranged into the smart belt and put on with it. Beautiful model. 22-inch Duchess satin, 13 yards. For the satin, send to the Holborn Silk Market, Holborn Bars, E.C.

Empire Dinner Gown of "Wonderful" Velveteen.

No. 7534, **Page 25.** The new style corselet skirt, very full at the feet, slightly draped at the sides by lifting the back, arranged in close pleats which are high, to meet the upward curve of the Empire bodice. The skirt, in seven gores, is arranged on a fitted corselet lining (front centre, four sides, two backs). Skirt closes at back, and is hemmed invisibly over a band of lino. The bodice is a smart, short waisted kimona, very original. There are two crossed fronts and a back, which are cut in one with the kimona sleeve, and four sides. The edge of this novel little kimona coat must be stiffened with canvas and faced with silk to match velveteen. Coat closes with only one handsome button. A kimona coat of lace veils the velveteen coat. Cut the lace coat out of piece lace, and either scallop it or edge with insertion. Sleeve frills of lace or pleated chiffon. Wear unlined skirt over a very fitted foundation skirt, or over the new eel petticoat, No. 7510. For the "Wonderful" Velveteen, 2s. the yard, send to Lewis's, Market Street, Manchester.

(*Concluded on page 44.*)

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

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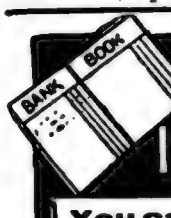

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Health and Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Stella.—To give your skin the perfume of real violets you should have a full bath every morning in tepid water, to which you have added some of the "Zobeide Violet Water Softener," which is sold for 1s. 6d. by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E. When you shampoo your hair, use water similarly softened.

Alonsoa.—To get a really good transformation of hair that will never lose its wave you should go to M. Tarlita, 77, New Bond Street, W., who makes them so true to nature that your secret will not be discovered by those who see you wearing this aid to your beauty. M. Tarlita will not over-charge you, especially if you say you are a reader of Myra's Journal.

Emily.—It must indeed be most disheartening to be subject so continually to pimples and blotches, such as you describe, on your face, but you can cure yourself of the trouble, and remove the cause of it entirely from your system by taking "Clarke's Blood Mixture" (sold by all chemists), and by dressing the pimpled skin every night until it is quite healed, and every mark gone, with "Mason's Cream of Sulphur," which is sent post free for 2s. 9d., in a nice glass toilet-jar, by Mr. Mason, 25, Bank Plain, Norwich. You will be wise to avoid pastry, fatty foods, curries, and condiments of all sorts, and to have regular meals, with simple, but nourishing food. Have a full bath every day, and rub yourself well all over with soft, but quite dry, towels. On rising every morning, just before taking the bath, do a few simple physical-culture exercises, having your bedroom window wide open, so that you may take deep breaths of fresh air. The above Mr. Mason sells a book called "Beauty of Figure" (2s. 9d.), with exercises for health and beauty well described and illustrated, and you will find this a very useful guide.

Beet-Root.—The redness in your nose, and flushing of your face, are due to want of tone in your nervous system, and you should, without delay, take a course of the "Zobeide Tonic Elixir," which is sold for 3s. by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E. You will find it a good thing to bathe your face several times a day with the cooling lotion, for which I have given the recipe to "Alix," in our March number.

Gwladys.—The easiest and least expensive way of getting the hair off your arms without injuring the skin will be to apply "Depillos" to them. Send two penny stamps for a sample of this to Manageress, Taylor and Co., (Dept. 26), 149, Fleet Street, London, E.C., and you will see how effective it is.

Flora.—If you will give your little girl "Fennings's Children's Powders" she will get over the rest of her teething without so much suffering; these powders are perfectly "safe," and are cooling and soothing, so that they will prevent convulsions in the little ones. Send to Mr. Alfred Fennings, Cowes, Isle of Wight, for a free copy of "Fennings's Every Mother's Book," and you will find this most helpful; in asking for it just say that you are a reader of Myra's Journal. All chemists keep the powders I believe, and they cost 1s. 1½d. in Government stamped boxes.

Jessie.—"Persian Cream" is perfectly harmless, and its regular use will assuredly improve your complexion; but to test this for yourself you should send sixpence in penny stamps to The Persian Supply Co., Dept. C., London Office, 1, Austin Friars, London, E.C., for a sample, which the makers are only offering to readers of this journal for a short time.

Annette.—As you suffer so much from eczema you must be careful not to wash the affected places with water and soap, but to cleanse and, at the same time, cool the hot and irritable skin with "Mason's Cream of Cydonia," which is really wonderfully soothing and healing. In your diet give up salt and all salted foods, do not touch bacon, ham, pressed beef, kippers, bloaters, smoked haddock, sardines, or things of these classes, and you will soon feel improvement in yourself.

Helen.—You say you want to restore the colour of your hair without using a dye, and there are several good ways of doing this, one of them being to use "Lockyer's Hair Restorer" (1s. 6d. a bottle at all chemists) regularly until the colour gradually comes back. Before you begin to use this you should shampoo your head in the following manner: Beat up the yolk of a new laid egg with ½oz of spirit of rosemary, and rub the whole of this well down into the skin of your head; then rinse, first in hot water softened with borax, and again in nearly cold water similarly softened; dry with warmed towels and by vigorous fanning.

Little Dorrit.—To pick you up after such a weakening attack of influenza, you should take a tablespoonful of "Coleman's Wincarnis" three times a day. You will find a coupon on page 31 of Myra's Journal for January, and if you write your name and address on this, and enclose it with three penny stamps for postage to Coleman and Company, Ltd., Wincarnis Works, Norwich, you will get a sample bottle of this really good and nice tonic wine in return.

Babs.—A beautiful corset that will make hips and waist smaller, and keep the bust nice and trim, is "The R.S. Patent Reducing Corset," which is sold for 10s. 6d. by R. Scales and Co., Corset Specialists, Newark-on-Trent. I advise you to get this, and with your order and remittance to send the present measurements of your waist and hips, and say whether you wish to have a black, white, or drab pair. These corsets wear splendidly.

Edna.—Wand exercises are excellent for straightening the back and taking a tendency to stoop out of the shoulders, for developing the bust and making it firm, and at the same time for making the waist small, round, and trim. Any straight walking-stick will do, but one with a crutch or hook handle is not advisable. Mark your stick into three parts, and then hold it, by the marks which divide off the middle portion, in front of the upper part of your chest, clasping it so that the finger-tips are inwards. Now thrust the stick downwards as far towards your knees as you can take it while holding the body rigid and the head well up, and then bring it up again to your chin. Repeat this fifteen times, then carry the stick over your head until the parts held by your hands are level with your shoulder-joints, then send it up as high as you can with force, and bring it back to under your chin. Repeat ten times. Next clasp the stick at its ends, take it up over the head, and down as far as you can reach at the back without bending your elbows. Repeat ten times, then, still holding the stick at the two ends, lift it first over your head, then take it sideways so as to make a straight line with your ear and shoulder-joint; to do this you must bend your body to that side, but must not bend the elbows. Take the stick first to the right and then to the left ten times. You will find some very pretty wand exercises described and illustrated in a book called "Beauty of Figure," which is sold for 2s. 9d. (post free) by Mr. Mason, 25, Bank Plain, Norwich.

Aleena.—It is not of much use to think of bleaching your skin until you have completely cured it of those pimples and blackheads, though the treatment I shall prescribe for this will go a long way towards whitening it. First, then, get the pores of your skin into more healthily active condition by practising some of the exercises in the book I have named to "Edna" every morning when you get out of bed for a quarter of an hour, then take a bath in moderately hot water, and when in it lather yourself well with "Wright's Coal Tar Soap," which is sold by chemists everywhere for 4d. per tablet. Dry yourself after the bath first with soft towels, and then rub yourself all over with the palms of your hands until you feel in a perfect glow. If you are accustomed to a cup of morning tea, give this up and take two teaspoonfuls of "Eno's Fruit Salt" in a tumbler of cold water instead, preferably between the exercising and the bathing. At night wash your face in hot water, and after quickly drying it rub into all the parts where you have blackheads and pimples some of the "Cream of Sulphur" which is sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich. Until your skin is quite cured of all its blemishes you should take one of the same Mr. Mason's "Tonic Complexion Pills" (1s. 2d. a box from the same address) before each of your meals, and you should carefully avoid rich, greasy, and highly-seasoned foods. You will have a much more healthy colour when you have carried out the above treatment daily for a few weeks. Thank you for promising to give Myra's Journal your never-failing support we shall be much obliged if you will recommend it to your lady friends whenever you have opportunity.

M. J. M.—As your hair is coming out as well as getting streaked with grey, the remedy I advise you to use is the Primrose Lotion, which is sold for 2s. 6d. a bottle by Mr. Mason, 25, Bank Plain, Norwich. This is not greasy at all, and is to be well rubbed down into as many partings as you can make on your head every night after you have done the combing and brushing of the hair. The irritation in the eyebrows, which gets worse when you have any worry to contend with, is due to eczema, and you should nightly rub into all that irritable skin some of the Cream of Sulphur which is sent post free for 2s. 9d. by the same Mr. Mason. Give up all salted foods such as bacon, ham, kippers, haddock, pressed beef, &c., and do not add salt to food at table.

M. J. M. (Second Coupon). — Nervous debility is quite enough to account for the state of your hair, and for that irritating peculiarity in your eyebrows, and I am sure you would be wise to take a dessertspoonful of the Zobeide Tonic Elixir (which is sold for 3s. a bottle by Mrs. Maine, 10, St. Mildred's Road, Lee, S.E.) three times a day for the present, and then night and morning only. Instead of a cup of tea on rising, take a glass of hot water with a teaspoonful of pure glycerine, and one of fresh lemon juice mixed in it. Drink this very slowly. The above Mrs. Maine's Herbal Drops (2s. 7d., from the same address) would greatly assist your digestion.

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A HANDSOME BOOK FREE.

Under the above title we have just issued a handsome little booklet, daintily got up, well written by an eminent specialist, on beautifully illustrated lines. In order to bring home to you with full force the importance of being thoroughly healthy and the natural effect of health upon the figure, we will send you this charming little work FREE, also a trial treatment, on application.

The book will show you conclusively how easy it is to obtain perfect health, a lustrous complexion, and a queenly figure in a very short time, through the simple agency of **The Temple Nerve and Flesh Food** (a vitalising agent and flesh builder), and how, without otherwise prejudicing your health in any way, you may, by a natural hygienic method, **enlarge your Bust** from three to six inches **in a few weeks.** At the same time the shoulders are developed and made pretty and plump; and those "salt-cellars" which used to bar you from being beautiful are removed. **The Temple Nerve and Flesh Food,** as supplied for bust development, is a certain remover of wrinkles, crowsfeet, lines, chaps, pimples, blackheads, and all other blemishes upon the skin. It thoroughly clears the complexion, and gives it the full rich tone which can only be possessed by a woman who is in the pink of perfect health. If there be any special ailment the Flesh Food can be specially altered to remove it at the same time the bust is developed.

There is no time to lose. Every day you delay means the longer you will have to wait for beauty. Send at once, enclosing stamp to pay postage, and address your letter to **Madame F. D. Temple, The Temple Association (Dept. 94), 8, Blenheim Street, Bond Street, London, W.**

DON'T LOOK OLD

DARKEN YOUR GREY HAIRS WITH LOCKYER'S HAIR RESTORER

SOLD EVERYWHERE OR SENT POST FREE PER BOTTLE 1/6
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When ordering Articles Advertised, Please mention "Myra's Journal."

DO YOU SUFFER from a PERPETUAL COLD IN THE HEAD?

Are you the victim of constant sneezing attacks, from any cause whatever? The **DAPHNE COLD CURE**—Physician's Prescription—will relieve and cure the most obstinate cases of nasal catarrh, hay fever, &c. If you have tried nearly everything and are in despair, of getting relief, write for particulars of this reliable preparation to Mrs. Elizabeth Hope, 120, Victoria Street, London, S.W.

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SUPERFLUOUS HAIR.

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On receipt of 1d. stamp for postage I will forward a copy of my book, ***"The Face Perfect"*** (giving full particulars of this treatment), to all sufferers from this dread scourge of Superfluous Hair.

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Every lady should have one of our

HALF-GUINEA BANDETTES

of wavy hair to comb in with one's own. Exceedingly comfortable, entirely superseding the hard, uncomfortable frame. Being uncrushable it forms an ideal support for the hat. Adapted to any style, with or without partings. Cannot become disarranged. Hundreds already in use. Sent securely packed on receipt of P.O. **10/9**, with pattern of hair to **(Dept. E) Pickard's Ornamental Hair Works, Kentish Town Road, London.** Tails, Puffs, Wigs, Transformations, Toupees, Fringes, &c. of superior quality, low price. Price Lists Post Free. Illustrated Catalogues of every description of Hair, with Fashion Plates, 1½d. postage.

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Then try the ZOBEIDE HOME CURE.

It has thinned thousands, and will thin you. **SAFE—SURE—SPEEDY.** Six weeks cure, with full directions, price 5s. 6d. Specialist in every known form of Obesity Treatment.

Mrs. MAINE, 10, St. Mildred's Road, Lee, S.E.

MEDICALLY RECOMMENDED.

2/- INSURES YOUR COMPLEXION

Dr. HARLAN'S BEAUTY-CUP MASSAGE

For the Face, Neck, Arms and Body.

Hundreds of unsolicited testimonials.

"No woman who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads."

The simplicity of this scientific system of self-applied massage, and the speed with which it clears the complexion, are almost beyond belief. A single soothing application of the little Beauty-Cup produces remarkable results. Blackheads in many cases are banished in sixty seconds. It pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. **Dr. Harlan's Beauty-Cup** sent by mail in plain wrapper—with our Beauty Book—to any address for **2/1** P.O. (abroad **2/6** M.O.)

Address, **M-HIGHWATER LABORATORY Co.,**
1—118 Exchange Building, Southwark, London.

Stout people

Can quickly and with **absolute safety** subdue that very burdensome and dangerous disorder—Obesity, and regain a

☞ GRACEFUL FIGURE, ☜

comfort, attractiveness, and youthful appearance, by taking one or two of Dr. RITTER'S small tasteless Capsules, with meals (made from a specially purified, Concentrated Extract of Fucus-Vesiculosus and Marienbad Salts, neither relaxing nor constipating). Price **2/6** per bottle, or 5 for **10/6**, post free.

Mistress Anne Page says: "The quickest and safest Fat Reducer I know."

SPECIAL.—To make the bust firm and reduce size and flaccidity, apply Dr. Horn's **"Pasta Reducer,"** guaranteed harmless, price **5/-**, post free.

Dame Deborah Primrose, in *Woman*, says: "I can confidently recommend this to you from personal knowledge of its efficiency and harmlessness."

Above can only be obtained from—

Dr. O. E. HORN, D.Sc., 4, Bryanston Road, Talbot Park, Bournemouth.
(Specialist for Hair and Skin disorders, from the Berlin Skin Hospital.)

HAIR TROUBLES

PRICE LIST can be had upon application.

of any description, specially in colour.

CONSULTATIONS

FREE from 9 till 11 a.m., and 5 till 7 p.m.

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BY CORRESPONDENCE, A STAMPED ENVELOPE FOR REPLY.

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SHOPPING BY POST

NEW SILKS AT THE HOLBORN SILK MARKET.

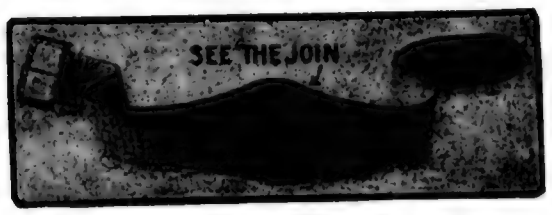
ELSEWHERE attention is drawn to the lovely chiné fabrics which are such a feature of the season's novelties. Our readers will be glad to hear that they can get charming chiné silks in very delicate colourings at very low rates at the Holborn Silk Market, Holborn Bars. Let them send off at once for the "New Chenie," 19-inch wide, at 1s. 11½d.—a very modest price, as most chiné silks run to 3s. and 3s. 6d. the yard. At the Holborn Silk Market there is a specially cheap range of dyed Shantungs, 25 inch wide, at 1s. 11½d., in charming dark or pale colours. Excellent tussores (these will be very much worn) are only 2s. 11½d., 34 inches wide. Dainty chequered silks for spring gowns and blouses can be had, double width, 4s, 6½d. the yard, 43 inches wide. This is a capital material for such smart gowns as No. 7527. There is a cheaper narrower chequered louisine (19-in.) at 1s. 2¾d. Silks at the Holborn Silk Market are of all varieties and prices. There are some beautiful tartan louisines for blouses at 1s. 4¾d. and 2s. 3d. the yard.

The figured white louisines (2s. 11½d., 20-inch) are very pretty. For elegant skirts and cloaks nothing would look richer than the white *moirés velours*, only 1s. 11½d. the yard, 21 inches. For the same purposes there are some wonderful brocades, the same width, only 1s. 11½d. Girls and young married ladies will be delighted with the dainty embroidered Jap silks—white, with small embroidered "triangles" in pale shades—23 inches wide, only 1s. 7¾d. These are equally suitable for pretty frocks and light blouses.

Dressmakers in search of silk linings for the new cloaks, &c., should send for patterns of the wonderful surahs, all colours, which are only 1s. 0¾d. the yard.

A NEW BELT.

This is a leather belt—all varieties and qualties and colours being obtainable, Now, many ladies object to ordinary leather belts, because they are apt to be



The "Magnet" Belt.

rigid and unbecoming, too straight, which means that on some figures the front of the belt is apt to rise higher than the back—an absolutely wrong position which always spoils the general "turn-out." The *back* should be higher than the front, just as the trottoir skirt edge, if it is not perfectly round, should "peak up" at the back rather than in front. This new leather belt, the "Magnet," is so constructed that it can be arranged into any desired position. This is obtained by the joint at the back. The join is very cleverly contrived. The belt is in two halves, each back cut into a rounded loop, and the loops are interlaced by the under-loop (where it does not show), being slit and then seamed up. The loops interlace closely, so that no open space is left, but they slip about each other sufficiently to enable the wearer to make them peak upwards, peak downwards, or be exactly on a level, according to the exigencies

No. 7539.—Charming Dressing Jacket of Striped Viyella.
For Description see this Page.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

of her figure. I consider it a very clever arrangement. They are quite inexpensive (from 1s. 11½d.). They hold the waist taut, but in a manner which does not destroy the suppleness of the figure—hence it well deserves the name "Magnet," as it closely follows the lines desirable.

A CHARMING KIMONA DRESSING JACKET.

On this page is illustrated an up-to-date and very pretty dressing jacket, made of striped Viyella. The new Viyellas are so pretty, the stripes being novel in design and charming in colouring. The little jacket deserves attention from the attractiveness of its cut. The upper part—yoke and sleeves—is a kimona, in four pieces, seamed (stripes meeting in V points) at the back and down the shoulders. There is an added under-sleeve. The rest of the jacket consists of a back on the straight and two fronts. The contrast of the back on the straight, with the seamed V point yoke is exceedingly good. There is a well-curved seam under the arm so that there is a fair fit at the waist, where a loose ribbon girdle is worn. The basques are hemmed. In blue-and-white Viyella, trimmed with white lace and with blue ribbon girdle, a very smart little garment is evolved. 5 yards 31-inch Viyella would be required.

A TALK ON FURNISHING FABRICS.

The decorative value of window curtains and draperies determine the general impression of every house. Every woman, therefore, in selecting these knows that there is no detail which is more important; her choice shows her refined taste, and imparts a distinction to the appearance of her house.

People who want newness, freshness and originality, beauty of youth, as it were, in their homes, will find these in Samuel Peach and Sons' Catalogue (No. 133). Any lady can have it by simply writing a postcard addressed to Messrs. Samuel Peach, 133, The Looms, Nottingham. This firm's experience and manufacturing resources enable them to attain wonderful results, and not necessarily expensive. The "Clematis" frill-edged net curtains, 3 yards long, 50 inches wide, at 9s. per pair, are an attractive example. Peach and Sons have also a make of curtains, their own patent, which they call the "Contre-net" curtains, and claim for them more lasting wear. Several designs on this patent ground net are illustrated in the catalogue.

The illustration shows a new curtain, one of this season's designs, No. 2308. It is 4 yards long, 60 inches wide, and costs 15s. 6d. per pair.

Ladies preferring Madras Muslins will find a very full selection, including plain white muslin curtains with goffered frills, 3½ yards long, at 7s. 11d. per pair, and a very pretty Madras muslin at 11½d. per

yard, 53 inches wide, the "Poppy." The white Etruscan muslin, the "Lovers' Knot," is 7½d. per yard, plain. These and spot muslins Messrs. Peach and Sons make up into Brise Bises and other curtains, with goffered frills as required, to any style and measurement. Their Duchesse Blinds are made to any measurements.

In the Linen Department ladies replenishing their household stores will find that all the items catalogued are the newest for this season. The "Fleur de Lis" Damask, at 7s. 3d., is handsome and reliable. Messrs. Peach's lace and blouse department shows a selection of white Valenciennes laces and insertions, also torchons, which will be found of very fine quality at low prices. There being such a demand at the moment, for "Filet" Nets, they have included these in their Catalogue, and have also issued a special booklet displaying the methods of embroidering. All our readers should send for this, the novelty of the moment. Messrs. Samuel Peach and Sons obtained two Gold Medals for their filet net at the Christchurch Exhibition, 1907.

BEAUTIFUL MILLINERY,

On March 9th and 10th Mrs. Kent (26, Beauchamp Place, Pont Street, S.W.), held a private view of the lovely novelties in head gear which she has just brought back from Paris and Monte Carlo. Beauchamp Place is a very central neighbourhood, capitally served by the incessant motors, &c., which run along the Fulham and Brompton Roads, so that all our readers who live in or near town, can call there with perfect convenience to themselves. Mrs. Kent is a lady of exceptional taste, so that her advice may be safely relied upon by those (and they are many) who are conscious that their own taste is a dangerous quantity which needs guidance.

"OSOSILKIE" PRIZE COMPETITION.

Last month I notified that Messrs. Tubbs, Hiscocks, and Co., Limited, had just announced their seventh Grand Prize Competition, for which £100 in cash prizes were offered. The competition does not close till July 20 (all work must be sent in between July 10—July 20), so that there is still plenty of time to prepare something nice for competition. All ladies clever at fancy work should have a fair chance of winning a prize, as there are so many and varied classes of work, in all of which valuable prizes (and several af them) are offered. Would-be competitors should lose no time in sending for the rules of competitions, which will be sent off by Messrs. Tubbs, Hiscocks, and Co., Limited, Milton Street Street, E.C. The prize work will be exhibited at William Whiteley's, Westbourne Grove, W.

In February I went to Whiteley's to see the work which had gained prizes in the sixth "Ososilkie" Grand Prize Competition. Some of it was very beautiful in design and colouring, and in all one was struck by the beautiful gloss and richness of colour shown in the "Ososilkie" Brightest Lustre Yarn employed. It was in the *white* work the gloss seemed even more remarkable and striking. A most lovely white linen coverlet (winner of £10 in Class C) was a marvel of delicate drawn work. In the same class the large prize of 16 guineas had been bestowed on a linen coverlet partly decorated with Mountmellick lace (worked with Ososilkie Thread), partly in dainty embroidery. In Class B another coverlet won a big prize (12 guineas)—most beautiful crochet work, carried out in Ososilkie Crochet Thread, worked up, in the new style, with appliqué coloured crochet roses and leaves. It was really a beautiful piece of work, and I commend the idea to those of our readers who want to carry out the new decoration for chiné silk gowns—lovely filet or guipure lace embroidered with flowers, recalling in style and colouring those printed on the dress materials. Why not work the roses in crochet with Ososilkie yarn of correct colouring and then appliqué them on the lace? Some lovely Irish crochet collars were sent in for competition, also tatting in Class C. One of the new lace coats for little children won a guinea prize, carried out in tatting, and mounted on blue silk.

In Class A I was delighted with the embroideries. A prize of 12 guineas was awarded for a coverlet of bold and beautiful design in curves, worked in shaded blue on white linen. The embroideries were very largely represented, and many of the specimens showed splendid designs, bold yet artistic colour combination and beautiful workmanship.

With regard to the new competition, as indeed, in all the "Ososilkie" Prize Competitions, all work (except that which has won a first prize) is returned to the workers. The first prizes are all so handsome that more than the cash value of the work is won, to say nothing of the honour.

"ADMIRALTY" ALL WOOL SERGES

THEY WILL NOT CRACK, COLOUR IF WASHED IN HOT WATER, SOAP AND SODA

THEY WILL NOT CHANGE COLOR IF EXPOSED TO THE SUN, SEA WATER OR SEA AIR

THEY WILL NOT SPOT IF RAINED ON

THEY WILL NOT SHRINK WHEN WASHED OR WETTED

THEY WILL NOT CRACKLE WHEN RAINED ON OR WETTED IN ANY WAY

THEY CANNOT BE INJURED UNLESS THE FABRIC IS DESTROYED BY STRONG CHEMICALS

THEY ARE FOR BEAUTY, DURABILITY, AND COLOR THE MOST SATISFACTORY DRESS A LADY CAN WEAR

IN EVERY VARIETY OF MAKE

EIGHT MILLION YARDS ALREADY SOLD

OF FIRST-CLASS DRAPERS

THE LEIGH MILLS Co LTD BRADFORD

When ordering Articles Advertised Please mention "Myra's Journal."

HOROSCOPE of Life Events, Changes, Fortunate Days, Business Guidance, Matrimony, etc. Two Years' Future added. Friend described. Send Birth Date, 1/- p.O. PROF. GOULD, Butleigh, Whitchurch Rd., Cardiff.

Woman

Spring Double Number

WILL BE

PUBLISHED ON MARCH 25th.

PRICE TWO PENCE.

In addition to the usual features this issue will contain :—

THE SPRING FASHIONS (Illustrated).
PREPARING FOR EASTER.
THE HOPE OF THE YEAR.
FOUR COMPLETE SHORT STORIES. By Well-Known Authors.
SCHOOL CLOTHES FOR THE CHILDREN.
TRAVEL IN THE SPRINGTIME (Illustrated).
NEW BOOKS AND THEIR WRITERS.
THE GARDEN IN SPRING.
SEASONABLE DISHES.
A TROUSSEAU FOR A SPRING WEDDING.
THE CARE OF THE HEALTH.
THE SPRING CLEANING.
SPECIAL ARTICLES FOR THE CHILDREN.

And other Articles, which will keep up the reputation of Woman as the Brightest and most Interesting Penny Paper published for our sex.

AT ALL BOOKSTALLS AND NEWSAGENTS.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

FOR MORE THAN TWENTY YEARS

DR. DAVIS'S FAMOUS PILLS

have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Fulness and Swellings after meals, Loss of Appetite, Hysteria, Palpitation of the Heart, Debility, Depression, Weakness. Boxes, 9½d., 1/1½, 2/9, 4/6, and 11/-. To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 309, Portobello Road, Notting Hill, W.

A CLEAR COMPLEXION!

PIMPLES, BLACK SPECKS, SUNBURN, FRECKLES, and Unsightly BLOTCHES on the Face, Neck, Arms, and Hands, can be INSTANTLY REMOVED by using Mrs. JAMES'S HERBAL OINTMENT, made from herbs only, and warranted harmless. It imparts such a lovely clearness to the skin that astonishes every one. Of all Chemists, or a box (with directions) sent free from observation on receipt of postal order for 1/3 and 2/11.

MRS. C. JAMES, 268, CALEDONIAN ROAD, LONDON, N.

PRIZE RECIPES AND HOUSEHOLD HINTS.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the following Recipes:—

CARROT SOUP.—Make a stock with the trimmings of meat that may be left during the week, and flavour with celery. Boil the carrots in stock, and when done rub them through a colander; then thicken the carrots with flour, adding the stock gradually till it is all thoroughly mixed. Season with cayenne and salt.—Miss B. SPIERS, Cromwell House, Loose Road, Maidstone.

PRUNES AND BATTER.—Scald ½ pint of prunes and let them stay in hot water until they are soft and the stones can be easily extracted. Spread the fruit on a dish and dredge with flower. Place 3 tablespoonfuls of flour in a basin, and make into a smooth paste with a gill of milk. Beat 2 eggs and add ¾ pint of milk; add this to the batter and pour over the prunes. Stir well together and boil in greased mould for an hour. Serve with sweet sauce.—Miss GILES, Woodgrange, Exmouth.

ONION AND EGG TOAST.—This is nutritious and delicious. Boil a good-sized onion in milk and water and drain; then slice, and lay it on toast, buttered, or spread with a spoonful of white sauce, as most convenient. Have the yolk of a boiled egg ready (it must be very soft) spread it over the onion, then season and serve hot.—Miss BEDFORD, 12, Priory Crescent, Lewes, Sussex.

BAKED STUFFED MACKEREL.—Two fresh mackerel, 1 tablespoonful of chopped parsley, 2 tablespoonfuls of bread-crumbs, 2 tablespoonfuls of chopped suet, ½ tablespoonful of mixed herbs, 1 egg, and a little pepper and salt. Wash the mackerel, split them open and take out the bone, wipe them, put a little pepper and salt on them. Put the suet into a bowl with the bread-crumbs, parsley and herbs; then spread the stuffing on one mackerel and lay the other on it; then brush it over with the egg or a little milk, sprinkle a few bread crumbs over, put in a tin with a little dripping, and bake in a good oven for ½ hour.—Mrs. TONG, 68, Ashville Road, Leytonstone, E.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the following Hints:—

A HOUSEHOLD HINT.—Every housewife who uses enamelled saucepans knows how easily they stain. To keep them clean, instead of soda-water, try the following:—After sqeezing lemons, save the pulp and mix with coarse sand. Rub the saucepans with this mixture and all stains will disappear.—Miss A. M. GIBBS, Wooburn Green, Bucks.

(1) A squeeze of lemon improves scrambled eggs, and should be added while they are cooking. (2) To brown a baked custard, sift lightly over the top a little powdered sugar as soon as the surface is cooked enough to bear it up.—Miss MORROW, Elibank, Alexandra Road, Burton-on-Trent.

If brooms are dipped for a minute or two in a kettle of boiling suds once a week they will last much longer. It makes them tough but pliable, and a carpet is not worn half so much if swept with a broom cared for in this manner.—Miss MAY FULLER, 63, Barrowgate Road, Chiswick.

HOW TO FILLET FISH.—Commence with a plaice or sole, as these are the easiest to manipulate. Have a sharp pointed knife, and, if the fish is to be skinned, make an incision in the skin by the head and draw it off towards the tail. The under-skin of a place can be removed but not the black upper one. Lay the fish on a board, and make a deep cut in the middle from head to tail. The knife must penetrate to the bone, and must be passed under the flesh close to the backbone, until one side of the fish is entirely removed. It may be cut away from the fins at the side with scissors. This constitues one fillet. Do the same to the other side. Then turn the fish over and remove the other two fillets. This gives you four fillets.—MADELINE DALZIEL, Rosslyn Villas, Clepington Road, Dundee, N.B.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before April 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.
APRIL, 1908.

HOUSEHOLD HINTS.
APRIL, 1908.

The Result of the Competition will be published in the June number.

NOTE.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of the number containing list of prize-winners, the prize will be cancelled. Applications MUST NOT be made to Mrs. Hope, but to Messrs. BEETON & Co., 10 & 11, Fetter Lane, E.C.

SHEEP'S HEAD PUDDING.—This is made just as beef and kidney pudding is done. The pudding basin lined with suet crust, the meat added, and a little of the stock; then a top crust, and the whole tied up and steamed for 4 or 5 hours. Serve in the basin, with a napkin round it.

EMBROIDERED SMOCKED FROCK.

(*Continued from page* 13.)

which should be covered over with pink, as this adds very much to the natural look of the daisies. Care must be taken not to pull the thread too tight, otherwise it will spoil the rounded shape of the petals.

The centre of each flower should be filled with French knots of pale yellow Peri Lusta (No. 49).

I had quite intended to discourse on another revival which has suddenly sprung up in the realms of needlework that is, the old-fashioned and disused chain-stitch. This will, I feel sure, be quite a revelation to many workers, who can see nothing beautiful in the commercial rubbish sold as embroidery, and which is about the only sample of chain-stitch which the present generation has ever had any chance to admire. Nevertheless, this old form of stitchery—how old no one could tell!—has not escaped the lovers of revivals, always on the look out for some new field in which to disport their activity in improving the old arts with the ingenuity and artistic knowledge which has been acquired by the modern worker.

I must, however, leave this interesting subject for another issue, when I shall explain to you the innumerable possibilities of hand-made home-trimming through the medium of the old chain-stitch.

DESCRIPTIONS OF ILLUSTRATIONS.

(*Concluded from page* 38.)

A Beautiful Lace Blouse.

No. 7535, **Page 26.** A tucked front and two tucked backs (tucks wheelmarked on pattern) of spotted net, decorated with bands of lace which cross front and back, and hold the frills and epaulets of lace edged with net. Lovely model. Band collar of the net, tucked to flat pattern, edged with lace and supported on fine, white-cased Featherbone. Blouse closes at back. One-piece sleeve on a smaller lining, with cuff of net, tucked to flat pattern. 45-inch material, 3 yards. For all sorts of net and lace, send to Messrs. Samuel Peach, 133, The Looms, Nottingham.

Panelled Skirt and Kimona Coat.

No. 7536. **Page 34.** Beautiful model for cloth, serges, &c. The tablier is tucked to simulate a double box pleat, held down with buttons (wood frames covered with the material). The kimona coat is braided. 48-inch material, 6 yards.

Girl's Embroidered Linen Blouse.

No. 7537, **Page 35.** It is pleated front and back, and closes at back. The detachable collar and cuffs are worked with Peri-Lusta thread. 36-inch linen, 2 yards.

Smart Tucked Kimona Blouse.

No. 7538, **Page 38.** It should match a skirt. The fine tucks are wheel-marked on the pattern. Trim with braided bands or galon, and a piping of velvet. Velvet bow. Wear over any blouse. 22-inch silk, 2½ yards.

SPECIAL NOTICE.

In consequence of the reduction in the cost of postage to CANADA the subscription rate for "MYRA'S JOURNAL" to Canada *only* is 4s. per annum.

"I am delighted with your journal and shall take it regularly."—H. P.

The Rearing of Infants.

By a Member of the Royal Sanitary Institute.

THE feeding of young children is yearly becoming a problem of more importance, and the cry of the young mother for sound advice is so universal and so urgent that many magazines and papers hitherto devoted to other subjects of a more æsthetic nature have found it necessary to answer the constant demands of their readers by giving a small corner of their valuable space to this matter, which will soon be one of national importance. I received, a little time ago, a letter from a young woman who is the mother of a few-months-old baby, and that letter is so typical of the present feeling of intelligent mothers that I cannot do better than to reproduce a part of it.

"I have been brought up at a good high school," she writes, "and I was taught the usual elementary laws of hygiene and nursing. I thought that I knew quite well how to deal with a baby, to dress him and feed him, give him his bath and put him to bed; but I found, to my surprise, that practically the whole of my book-learning could not stand the test of experience, and every day I am confronted with new difficulties. Every other friend or relation tells me a different tale, and I am perfectly bewildered as to the really best way to feed my baby and attend to its needs. I cannot nurse him myself, not because I am not willing, but because I am absolutely unable. I am not anxious to experiment on my own baby, therefore I appeal to you to tell me what I must really do to bring up my child in such a way that I will lay the foundation of a strong and healthy constitution. . . ."

The answer to that letter could hardly be expected to be complete in a few words. The subject of artificial feeding alone has received the attention and profound study of some of the best minds and shining lights of the medical profession and men of science. Great improvements have been effected within the past ten years, and the chemically prepared artificial foods have been brought to such a state of perfection that the result is already apparent.

Differences of opinion will always exist about details, but the fact remains that most of the eminent men who have made a special study of infants' capabilities of digestion and assimilation all agree on one point, and that is that milk, in whatever form taken, must be the basis of the baby's food.

Fresh cows' milk, under special conditions and scientifically diluted and altered, makes undoubtedly the best infants' food obtainable. Unfortunately, the "special conditions" are so rare, and the scientific knowledge of diluting and altering so limited, that rather than chance the possible contamination of tuberculosis cows (the number being on an average as high as 70 per cent.), or ruining the child's constitution by a milk which is too heavy or too much diluted, containing too little caseine or too little fat, it is far better to choose a scientifically prepared food manufactured by some well-known firm or reliable chemists.

To start quite at the beginning, however, it is wise not to form a decided opinion on other people's children, who are often fat and look well on inferior foods simply because they contain a large quantity of sugar and starch, most injurious to the infant's ultimate health. Those children are generally found, on medical examination, to be rickety and dyspeptic, and immediately they are old enough to stand they become thin, have bent legs, or a curved spine.

In fact, it is the most unfortunate part of infants' feeding that many of the injurious effects of improper food are not immediately apparent, and that the temporary success of cheap foods blinds the parents to undesirable results which are only noticeable after months, or even years.

The importance of starting the diet of the young infant properly is not in any way appreciated as it should be. The foundation of much of the malnutrition, indigestion, rickets, scurvy, &c., is often laid during the first few weeks of an infant's life. If the baby is sick the nurse, or even doctor, will say, in a matter-of-fact tone, "It is indigestion."

Without wanting in the least to make young mothers nervous or over cautious, I must insist on this point—that indigestion in a young child should not happen; if it does, it is due to improper feeding of some kind or other, and should be looked after and studied as a most important thing. Indigestion is difficult to cure—everyone knows this. The younger the child the more unfortunate it is for improper feeding to be allowed.

A single mistake, due to carleessness or negligence, may cause an attack of indigestion, which will be the starting point of a series of disturbances, and may affect the child during the whole of the first year. To stop the original cause of indigestion is often very difficult, and even then does not usually stop the consequences. It is very rare that a child improperly fed can be set right at once by the administration of good and proper food; in fact, there is no more difficult task than the remedying of an impaired digestion in a young infant. In no place is the old adage that prevention is better than cure more true than in everything connected with health, and in no place is it more true than in the management of early infancy, especially in that which deals with artificial feeding.

To the Dilatory.

Our winters under the most favourable circumstances of sparsely-populated rural districts leave their soiling finger-touch alike upon our garments and the drapery of our homes. Sadly, too, apparent does this become to the dwellers in our more congested centres of population where the grime and smoke play havoc with the bright appearance of their pretty draperies and furnishings.

In these days of advanced sanitary science, when so much is being done by public bodies to create a pure, healthy, and invigorating atmosphere, an important part of the well-being of the community falls to our busy housewives and mothers.

As spring advances and the golden rays of the sun begin to brighten up our homes, we behold, with amazement, the amount of dust and dirt which has accumulated during the winter months, and resolve on spring cleaning.

To the prudent housekeeper this means much more than the mere removal of dust; she must have the floors scrubbed and the carpets, not only beaten, but thoroughly cleansed, the old starch taken out of the lace curtains and fresh colours imparted to the woollen ones, the chintzes glazed, and the bedding purified. Yet this upheaval does not now necessitate such a term of discomfort as of old, because while the floors, walls and ceilings are being washed Messrs. Campbells' vans will take away the carpets, rugs, curtains, and furnishings, and, after renovating, return them ready for a fresh term of service.

"The Perth Dye Works" are fully equipped for doing all such work in the most up-to-date manner combining drastic expulsion of all that is objectionable with the most careful treatment of fragile fabrics. They have special appliances for cleaning and tinting starched curtains. Great care is taken to have them made thoroughly pure, and the stiffening is regulated so as to attain the greatest durability consistent with graceful draping, while the finishing process imparts a dust-resisting surface which makes the fabric keep clean much longer than usual.

Chintz and cretonne curtains and covers can be beautifully cleaned without unmaking. The chintz is highly glazed, while the cretonne is finished with a dull surface as when new.

Curtains in silk or wool are cleaned by the French chemical process (Nettoyage à sec), which is invaluable for the more expensive materials; they can be redyed if they have faded, or dyed an entirely different colour if a change is desired. Any reader who may require guidance should call at one of the firm's Receiving Offices or write direct to the Works at Perth, when they will receive a prompt reply.

But if the return of Spring bids us look to household furnishings it also compels us to take note of our person, and Messrs. Campbell are equally successful in the cleaning and dyeing of garments. Ladies' dresses in silk, woollen or mixed fabrics may be beautifully cleaned without being unpicked, or they may be dyed the newest and most fashionable spring shades — patterns of which are on view at their receiving office.

A special adaptation of the French process of cleaning is applied to gentlemen's clothing. The results are most satisfactory; stains, grease-spots, and dust all being removed, so that garments, fit only to be cast aside before, positively look like new, to the delight of the owner who finds that for a very small expenditure he is saved the cost of a new suit. Suits are dyed without any seams being unpicked or even the buttons removed, and are tailor-pressed, as when new. Gentlemen should always send their winter overcoats to be cleaned before laying them aside. The same may be said of nearly all winter things, the truest economy is to have them cleaned before being put away. In the case of furs and furlined garments the cleaning process eradicates moths, and, if carefully packed, secures immunity from their ravages throughout the summer. Bed-quilts, counterpanes, &c., should also be put away clean and ready for use, and we may mention that Messrs. Campbell are showing a beautiful range of patterns in which they can, if so desired, re-cover worn eider-down quilts after purifying the down.

We may recommend any of our readers who may not have given "The Perth Dye Works" a trial, to do so this spring, being sure they will not regret taking our advice. The handy catalogue gives many useful hints and much general information, including prices for the different kinds of articles, and an index of suitable colours. This they are always pleased to supply, post free, on application. In forwarding goods be sure the agency is "Campbell's," as this name may be taken as a synonym for all that is best in dyeing and cleaning.

"Your patterns are so excellent I do not care to use any other."—A.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 3rd of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be sent unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

City.—I am very sorry that you did not give your name, also full address, as I should have answered you by post. Your letter came into my hands when the March number was in the press. The 3rd of the month is the latest date possible for me to receive letters, if an answer is required in the next number of the paper. You are quite right to choose blue alpaca, which will be very much worn this spring. Why not use the Free Skirt Pattern? This will make up excellently in alpaca. A long coat does not look well with a pleated skirt, unless you have a loose sacque shape. If you prefer a pleated skirt, have a jaunty little coat like Nos. 7492 or 7498. The "Gibson" coat, No. 7436 (March No.) is a splendid travelling coat, and need not be lined, as you prefer no lining but for front and collar facings of the alpaca. But you will find an admirable three-quarter coat at No. 7497. I am sorry that we cannot illustrate just now a coat with little triple shoulder capes. The rage for the "Kimona" coat has put such capes out of the running for the present. I have sent your letter to Miss Winifred Jones, re the dressmaker. She will not be able to answer till you write again, as we never publish such addresses as you require. Thanks for your appreciation of "Myra's Journal." With regard to the shoulder cape coat you would like, although it would not be sufficiently up-to-date to commend itself to any number of our readers, if you send us the roughest sketch, we will cut the pattern to your measurements for 2s. 6½d., post free.

May Queen.—(1) It is getting rather late for a fur-trimmed velveteen, is it not? Strip out the skirt lining, and hem the skirt edge from the back, taking care not to let the needle penetrate through to the pile. Leave the velveteen hem raw edge; stitch the lower edge on a band of Prussian binding (to match) over the velveteen's raw edge (you can do this with the machine, untacking the top of the hem to do so), and then fell the upper edge of the Prussian binding to the back of the skirt. I gave directions for such a hem last month, I think, but as you always send your Myra's Journal to your cousin in India, I repeat it here. The bodice is a pretty one, and I am afraid that you could not strip off the fur without making the whole thing look shabby. Why not put it aside for the winter? You say you have "just on" 2 yards of the velveteen, and this would make you the lovely kimona No. 7533. If you have not enough for the belt, drape the stiffened lining with a piece of soft, broad, satin ribbon of the same shade. You could wear it with low-necked and high-necked blouses, for evening or day wear.

Muriel.—Please always send name and address. We prefer to have it even if answers are to appear in these columns. As it happens, your letter came when the March Number was on the press, and I would have answered you by post. Most of our dress queries are answered by post, as we have so little room. Besides, dress queries as a rule cannot wait over for a month awaiting an answer. (1) Your material is quite up-to-date! We have returned to those early Victorian stripes and chiné effects. Are you sure the silk is sound? Lying by for that length of time you may find that there is a tendency to split and rot, and that will mean the throwing away of all your labour. I advise you to take a small piece and stretch it between your fingers in both directions. You will soon detect any tendency for the strands to part company. (2) I understand that you are not pressed for *time*? If you can wait for our May issue, our Early Summer Number, we shall have some lovely designs there for chiné and striped materials, including two of our Free Patterns. If you want to set to work at once, use the lovely dress, No. 7533. Make the kimona with stripes on the cross. As to the skirt, have the tablier with stripes horizontal (seam pieces together to get the length, making seams along stripes so that they do not show, see that designs *meet* correctly); the sides and back should have stripes running straight down the centre of the breadths. This would be a lovely gown. You could also copy the charming stripe design, No. 7527.

No. 7540.—Embroidered Viyella or Linen Blouse.

Price of Paper Pattern, 6½d., and Full-size Transfers of the Embroidery (complete yoke and collar and two cuffs), price 7½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*)

It takes 2¾ yards 31-36-inch material. The yoke is a very smart one, embroidered in white Flossette or any other mercerised white cotton. In linen the model would make a handsome bodice for a linen gown, the skirt being modelled on our Free Pattern. In linen the side pleats of skirt should be stitched down.

Lofty.—(1) For the chiné silk send to the Holborn Silk Market, Holborn Bars, E.C. They have one (at 1s. 11½d.) in white and pink, I know. Hem the skirt with a band of pink taffetas, and use the same taffetas for a belt. Hem the open fronts and sleeve of the kimona into the taffetas. (2) Have a hat of white chip, moderate brim, high "dome" crown. I doubt if you will be able to get ready made a white hat turned up with pink, and you will find it a rather costly (and lengthy) matter to have one made. Write to Mrs. Kent, 26, Beauchamp Place, S.W., about the matter. She could tell you as to terms, &c. I think you would find it cheaper, and almost as smart, to have the white brim lined smoothly with pink glacé. You will need a lino laid between straw and silk, as the mark of the rows, of even fine straw, would probably show through the silk. (3) Send to Robinson and Cleaver, 40R Donegall Place, Belfast, for patterns of their 36-inch linen. They have 72-inch dress linens, but only in white. We shall have some beautiful illustrations of linen dresses next month, but if you want to make your dress at once, copy the smart design, No. 7528—it is equally adapted for linen—facing collar and cuffs with striped cotton, or linen of another shade. (4) You could embroider the collar and cuffs with your crochet dasies and leaves. You could not do better than do this sort of fancy work! Such appliqués on lace or filet net will be one of the rages of the summer—a high-class "rage" be it said, as coloured appliqués are never cheap if bought ready, and take time and taste if done at home. "Ososilkie" crochet yarn is the thing to use. Send for the shade card (7d.) from Messrs. Tubbs, Hiscocks, and Company, Milton Street, E.C.

ETIQUETTE.

All letters should be sent to "Duenna," Myra's Journal Office, 10 and 11, Fetter Lane, E.C.

Topsy.—Yours is yet another nameless and addressless letter which I have had on my hands for the last month. It arrived three days too late for the answer to appear in the March number. I am afraid, therefore, that part of my answer will be of no good to you. If you had given your address and name I would have answered you by post. 1. Mourning is much a matter of taste now-a-days. As your hushand objects to mourning, it would be advisable to wear it as short a time as possible. Six months' mourning *all black* is often considered long enough for a sister or brother, and many people now-a-days, only wear all black for six weeks, keeping to black-and-white or mourning grey for another three months. Mourning etiquette has practically gone out. People do as they think fit, and quite right too. (2) I am afraid that you will find yourself forced to call and receive visits. It is one of the real aids which his wife can give a struggling medical man. The wife of a famous consulting physician can do as she likes. Your great object should be (without extravagant outlay in dinners, &c.) to enlarge your circle of acquaintances and (probable) patients for your husband. (3) An excellent book is "The New Book of Etiquette," price 2s. 6d., published by Cassell and Co., La Belle Sauvage, E.C. You will find the necessary art of "card-leaving" fully explained, besides other valuable instruction.

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
APRIL, 1908.

DRESS AND HAIRDRESSING.
APRIL, 1908.

HEALTH AND BEAUTY.
APRIL, 1908.

ETIQUETTE.
APRIL, 1908.

COOKERY & HOUSE MANAGEMENT.
APRIL, 1908.

"Wishing your splendid journal every success."—C A

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, Myra's Journal, 10 *and* 11, *Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, April, 1908.

DRESS AND MILLINERY.

BLUE HAT, 1s. 6d.; TOQUE, 2s.; BLOUSE, 1s. 6d.; BONNET, 1s. 6d.; BLACK DRESS, 7s. 6d. M3716

BLACK AND WHITE COSTUME, good condition, 15s. Mauve costume, 5s. Medium. M3715

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

SKIRTS, Navy or Black, to measure, 5s. 6d. —Pinchback, 53, Guildford Road, Greenwich.

Three good COSTUMES (second-hand), 10s. 6d. the three (stamp).—Dell, Meadfield's, Langley, Bucks.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

BLACK VOILE DRESS, beautifully made, new, 10s. Other clothes and music cheap. M3724

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

Miss Redshaw, experienced DRESSMAKER. Daily or home. Alterations; renovations.—48, Hugon Road, Fulham.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

Joan Comerford, DRESSMAKER. Perfect fit, terms moderate.—220, Dalling Road, Shepherd's Bush.

DRESSMAKER; cut, fit, renovator; ladies' house, or home.—Miss Gavey, 36, Ambler Road, Finsbury Park, N.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, D., 108, Queen Street Buildings, Edgware Road, W.

LADIES' MATERIALS MADE UP.—Renovations, evening dresses, stylish tailor-made costumes from 3 guineas.—Madame Lespagnol, 40, New Cavendish Street, Cavendish Square, W.

DRESSMAKER, daily, at ladies' houses, town, country. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

Mrs. Goddard, DRESSMAKER. Perfect fit and style.—150, Revelstoke Road, Southfields.

Mrs. Harlow, DRESSMAKER, MILLINER Charges moderate. — 232, Ashmore Road, Maida Hill, W.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shields, 11, St. Marks Crescent, Regent's Park, N.W.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

DRESSMAKING at ladies' houses. 2s. 6d. daily. Good cut, fit, or renovating.—Mrs. Nowotny, dressmaker, 3, Algernon Terrace, West Hendon (opposite M.R. station).

DRESSMAKER; terms, 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

DRESSMAKER, Daily, or at home. Experienced. Miss Connery, 8, Haselrigge Road, Clapham, S.W.

DRESSMAKER, every description.—Miss Clinch, 18, Barrow Hill Road, St. John's Wood.

A lady can thoroughly recommend her visiting DRESSMAKER. Excellent renovator, &c. Terms most moderate. M3723

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

Ladies' short SILVER ALBERT. Stamped. Exchange. M3698

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

STAMPS.—100 different. Official. Morocco, Trinidad, Barbadoes, Labuan, Nyassa, North Borneo. 1s. free.—Bowen, 44, Wellington Place, Belfast.

Unfailing HAIR RESTORER. Luxuriant growth. 1s. 6d. free.—Bowen, 44, Wellington Place, Belfast.

MISCELLANEOUS.

CIGARETTE PHOTOS for Sale. Make pretty screens, &c. M3720

RUMMAGE PARCELS.—Girl, 8, 3s.; Boy, 3, 4s.; Baby's, year old, 4s. 9d. M3717

Charming SIDEBOARD or TRAY CLOTHS, exquisite Tatting or Crochet Lace. Lovely Silk Tatting, any colour, for blouses. —Miss Harcourt, 129, Marlow Road, Anerley, S.E.

BLACK BEAR MUFF, very good, exchange for dress piece. M3718

CROCHET TRAYCLOTHS, D'OYLEYS, PINAFORE and CHEMISE TIPS, approval. —Miss H. Cass, 19, Albion Place, Maidstone.

GLACE LACED BOOTS, sevens, 5s. Two nice IVORY WOOLLEN SKIRTS, 39, one trained, 5s. each, slight. Approval. M3719

For Sale.—LADY'S HAT BOX, almost new, very strong, best black canvas, eight leather corners, four cones. 14s. 6d. M3721

Eastbourne.—BOARD RESIDENCE. Young women, two friends sharing bedroom, 12s. 6d. each weekly. Very homely, near sea. Stamp for reply. M3722

SEWING MACHINE (treadle), Bedstead Spring Pillows, Bath, Chairs, Blinds, Fender, Pole, Couch, Butler's Tray and Stand, Electro Spoons, Forks, Books, Music, 40,000 Stamps; all cheap. Need cash.—L., 37, Haldom Road, Wandsworth.

Lovely HAND-PAINTED AND RIBBON-WORKED BUTTONS, all colours, from 1½d. each. Samples willingly. — Trease, 504, Edgware Road, London.

CURLY HAIR. Valuable recipe for making hair curl. Send 1s. P.O. and stamped addressed envelope, M. Hoyle, c/o Miss Hitchmann, Waterworks Road, Edgbaston, Birmingham.

Orders earnestly desired for CROCHET, D'OYLEYS, TRAY CLOTHS, DRAWN THREAD WORK. Recommended.—Miss Pooley, 2, Grove Road, Horley.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. APRIL, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Mrs. Bennett, 4, Lillie Road, West Brompton, S.W.
Miss Connery, 8, Haselrigge Road, Clapham, S.W.
Miss Coward, 82, Camden Road, N.W.
Miss Dodd, 7, Gorringe Park Parade, Tooting Junction.
Miss M. Friend, 9, Ramsey Road, Upper Horfield, Bristol.
Miss Gardner, 55, Crescent Place, Hackney Road, N.E.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Mrs. Harris, 13, Seymour Place, Portland Square, W.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Redshaw, 48, Hugon Road, South Park, Fulham, S.W.
Miss Robinson, 69, St. Thomas's Road, Finsbury Park, N.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Tory, Fair View, Dundry, near Bristol, Somerset.
Miss E. Willson, 77, Cloncurry Street, Fulham Palace Road, S.W.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Miss Davies, 120, Seymour Road, Harringay, N.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss Giles, 203, Hampstead Road, Ampthill Square, N.W.
Madame Glyn, 22, Craven Street, near Paddington Station, W.
Madame Goodwin, 96, Oxford Road, Lowestoft, Suffolk.
Mrs. Groom, 65, Bullar Road, Bitterne Park, Southampton.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Miss Hunt, 72, Hillier Road, New Wandsworth, S.W.
Mrs. James, 56, Southlands Road, Bromley Common, Kent.
L. Lawrence, 37, Haldon Road, West Hill, East Putney.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 26, Homecroft Road, Sydenham, S.E.
Miss Martin, 58, St. Margaret's Grove, East Twickenham, Middlesex
Miss Mayhew, 55, Oseney Crescent, N.W.
Mrs. Monk, 96, Balfour Road, Preston, Brighton.
Miss Pauline, 129, Marlow Road, Anerley, S.E.
Miss Edith Perry, 46, Reporton Road, Fulham, S.W.
Flora Ratcliffe, 20, St. Luke's Road, Bayswater, W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Miss Alice Tanner, 9, Exeter Street, Dyke Road, Brighton.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Edward M. Deighton, 16, Aldgate Avenue, London, E.C.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 638, Fulham Road, S.W.
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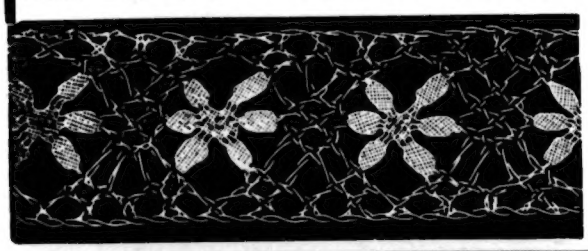

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